



# Frostig School Post-Secondary Resource Guide

Frostig *School* | January 2011

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**DISCLAIMER:** Information on non-Frostig programs was obtained from individual program websites and informational brochures/literature. This information is provided for parents and students as a resource, not as a referral. Not all programs/organizations are a right fit for every student. Students and their families are encouraged to research, tour and meet with representatives from a program/organization before deciding on a placement or use of services. The Frostig Center and its employees do not endorse any of the programs, resources or organizations provided in this guide. At time of publication, website addresses were accurate.

The *Frostig School Post-Secondary Resource Guide* was created and compiled by Rita Zobayan.

## **The Frostig Transitions Program**

The goal of the transition program at Frostig is to engage students and their parents in thinking ahead, planning for the future, anticipating possible outcomes for the student, and determining the steps that will need to be taken to achieve those dreams.

Our program focuses on four broad categories:

- Career awareness and development of employment skills
- Building and maintenance of relationships
- Independent living skills
- Planning for post secondary placement, education and training

We thought it might be useful to define more specifically what the transition team can provide to students and parents and what we are unable to provide. Remember, transition is **NOT** a college-preparatory, a job placement or functional skills program. Parents and students must be active and equal participants with the school.

### **What does the Frostig Transition program provide?**

- Transition coursework for grades 9-12 (areas of career, financial/consumer info, independent living, legal rights and responsibilities, organization and study skills, post-secondary placement, self-awareness, use of success attributes and transportation).
- Guest speakers for grades 9-12 (Please note that attendance is voluntary, unless presentation takes place during a Transitions class.)
- Field trips for grades 11 and 12 (Please note that attendance is voluntary.)
- Meet with 8th graders in June to discuss transition to high school.
- Development of Individual Transitions Plan (ITPs) with students.
- Attendance at IEPs and parent-teacher conferences.
- Meetings with students and parents regarding post-secondary plans, including individual senior-parent meetings.
- Bi-annual updated *Post-Secondary Resource Guide*.
- An annual Parent Transition Night (or other similar-themed event).
- Communication regarding Regional Occupational Program (ROP) options for juniors and seniors.

- Communication regarding financial aid opportunities for seniors (and other grades, as applicable).
- Articles on topics of interest in the weekly *Courier*.
- Information from our attendance at professional development conferences, as applicable.
- Coordination with public schools for transcripts and grad checks, as applicable.
- Tracking of service learning project/community service hours and notification to students and parents of opportunities.

**What is the Frostig Transition Program *unable* to provide?**

- We cannot place students in jobs...but we can meet individually with students to help them brainstorm a job search strategy.
- We cannot place students in post-secondary education settings ...but we provide an extensive resource list and help students make decisions during the ITP process.
- We cannot complete legal forms for your children (post-secondary school or job applications, financial aid forms, etc)...but we encourage parents to work with their sons and daughters on these forms, and we will answer questions (to the best of our ability) regarding these forms if you're stumped. With appropriate releases, our administrators, teachers and service providers can provide recommendation letters or complete required verifications of disability.
- We do not provide psychological advice...but feel free to contact Bruce and the rest of the counseling staff if you need such advice.
- We are not lawyers so we cannot provide legal advice...but we can make referrals to attorneys.
- We can't provide financial planning advice...but we do schedule speakers in this area.
- We cannot assist you in navigating Social Security Income/Social Security Disability services for families ... but we can make referrals to attorneys/organizations. With appropriate releases, our administrators, teachers and service providers can complete required verifications of disability.

## State and Federal Government Agencies and Programs

- 2-1-1 LA County Help Line  
Call for free information on health and social services
- California Conservation Corps (ages 18-25)  
[www.ccc.ca.gov](http://www.ccc.ca.gov)
- California Department of Education  
Family Involvement and Partnerships [www.cde.ca.gov/sp/se/fp](http://www.cde.ca.gov/sp/se/fp)  
Regional Occupational Centers  
[www.cde.ca.gov/ds/si/rp](http://www.cde.ca.gov/ds/si/rp)
- California Job Bank  
[www.caljobs.ca.gov](http://www.caljobs.ca.gov)
- California Postsecondary Education Commission  
[www.cpec.ca.gov](http://www.cpec.ca.gov)
- California Work Source  
[www.worksourcecalifornia.com](http://www.worksourcecalifornia.com)
- Career Onestop: Pathways to Career Success  
[www.careeronestop.org](http://www.careeronestop.org)
- College Navigator (Dept. of Education)  
[www.nces.ed.gov/collegenavigator](http://www.nces.ed.gov/collegenavigator)
- Department of Developmental Services/Regional Center  
[www.dds.ca.gov](http://www.dds.ca.gov)
- Department of Industrial Relations (DIR) Apprenticeship Website  
[www.dir.ca.gov/apprenticeship.html](http://www.dir.ca.gov/apprenticeship.html)
- Department of Industrial Relations (DIR) Young Workers Website  
[www.dir.ca.gov/YoungWorker/YoungWorkersMain.html](http://www.dir.ca.gov/YoungWorker/YoungWorkersMain.html)
- Department of Labor
  - Disability Employment Policy [www.dol.gov/odep](http://www.dol.gov/odep)
  - Job Corps (ages 16-24) [www.jobcorps.dol.gov](http://www.jobcorps.dol.gov)
  - Occupational Outlook Handbook [www.stats.bls.gov/oco](http://www.stats.bls.gov/oco)
- Department of Mental Health (L.A. County office)  
[www.dmh.lacounty.gov](http://www.dmh.lacounty.gov)



[www.youngworkers.org](http://www.youngworkers.org)

### Selected Local Community Colleges

- Community College Chancellor's Office (links to all 110 community colleges)  
[www.cccco.edu](http://www.cccco.edu)

**Note:** Each community college has its own Disabled Students Programs and Services office. See individual college website for information on DSPS offices.

- Antelope Valley College (Lancaster)  
[www.avc.edu](http://www.avc.edu)
- Cerritos College (Norwalk)  
[www.cerritos.edu](http://www.cerritos.edu)
- Citrus College (Glendora)  
[www.citruscollege.edu](http://www.citruscollege.edu)
- East Los Angeles College (Monterey Park)  
[www.elac.edu](http://www.elac.edu)
- El Camino College (Torrance)  
[www.elcamino.edu](http://www.elcamino.edu)
- Glendale Community College  
[www.glendale.edu](http://www.glendale.edu)
- Long Beach City College  
[www.lbcc.edu](http://www.lbcc.edu)
- Los Angeles Harbor College (Wilmington)  
[www.lahc.edu](http://www.lahc.edu)
- Los Angeles Pierce Community College (Woodland Hills)  
[www.piercecollege.edu](http://www.piercecollege.edu)
- Los Angeles Trade-Technical College  
[www.lattc.edu](http://www.lattc.edu)

- Los Angeles Valley College (Van Nuys)  
[www.lavc.cc.ca.us](http://www.lavc.cc.ca.us)
  
- Moorpark College  
[www.moorparkcollege.edu](http://www.moorparkcollege.edu)
  
- Mount San Antonio College (Walnut)  
[www.mtsac.edu](http://www.mtsac.edu)
  
- Pasadena City College  
[www.pasadena.edu](http://www.pasadena.edu)
  
- Rio Hondo College (Whittier)  
[www.riohonodo.edu](http://www.riohonodo.edu)
  
- Riverside Community College  
[www.rcc.edu](http://www.rcc.edu)
  
- Santa Monica College  
[www.smc.edu](http://www.smc.edu)
  
- Ventura College  
[www.venturacollege.edu](http://www.venturacollege.edu)
  
- West Los Angeles College (Culver City)  
[www.wlac.edu](http://www.wlac.edu)

### **Selected Specialty/Trade/Technical/ Vocational Schools**

**Note:** Many community colleges also have extensive vocational/trade programs. The programs listed below are private institutions.

**Second Note:** The US Department of Education has a webpage dedicated to students looking to attend career colleges/technical schools. It includes information on how to choose a school, questions to ask, and paying for your education, etc. The website is [www.ed.gov/students/prep/college/consumerinfo/index.html](http://www.ed.gov/students/prep/college/consumerinfo/index.html).

**Third Note:** California also has the Bureau for Private Postsecondary Education, which is dedicated to regulating private and vocational post-

secondary education. The website is [www.bppve.ca.gov](http://www.bppve.ca.gov). California's directory of vocational schools is [www.california-vocational-schools.com](http://www.california-vocational-schools.com).

- Abram Friedman Occupational Center (Downtown Los Angeles)  
Offers basic adult education and career/technical training in Automotive Technology, Barbering/Cosmetology, Business Education, Child Care Careers, Construction/Building Trades, Electronics/Computer Technology, Graphic Communications, Health Careers, Locksmith Careers, and Photovoltaic.

[www.afoc.edu](http://www.afoc.edu)

- AmeriCorps (must be at least 18 years old to participate)

[www.americorps.gov](http://www.americorps.gov)

- American Career College (multiple locations)

Health and Medical careers

[www.americancareer.com](http://www.americancareer.com)

- Art Institute of California (formerly California Design College; Hollywood and

Santa Monica)

[www.artinstitutes.edu/hollywood](http://www.artinstitutes.edu/hollywood)

[www.artinstitutes.edu/losangeles](http://www.artinstitutes.edu/losangeles) (actually in Santa Monica)

- California Apprenticeship Coordinators Association

Training in 45 different apprenticeships

[www.calapprenticeship.org](http://www.calapprenticeship.org)

- California Careers (information, resources, self-assessments)

[www.californiacareers.info](http://www.californiacareers.info)

- California Institute of the Arts (Valencia)

[www.calarts.edu](http://www.calarts.edu)

- California School of Culinary Arts (Pasadena)

[www.casca.edu](http://www.casca.edu)

- Career Colleges of America (South Gate, San Bernadino, Los Angeles)

Health and Medical careers

[www.careercolleges.edu](http://www.careercolleges.edu)

- Charter College (formerly Clarita Career College; Lancaster, Long Beach, Oxnard)

Business, Health Care, Dental Care, Criminal Justice, Technical Graphics / CAD, Paralegal / Legal Assistant, and Information Technology careers.  
[www.chartercollege.edu](http://www.chartercollege.edu)

- Columbia College of Film, Television and Media Arts (Tarzana)  
[www.columbiacollege.edu](http://www.columbiacollege.edu)

- Concorde Career Colleges (multiple locations)  
Health and Medical careers.  
[www.concorde.edu](http://www.concorde.edu)

- Crimson Technical College (Inglewood)  
Aviation careers.  
[www.crimsontechnicalcollege.com](http://www.crimsontechnicalcollege.com)

- DeVry University (multiple locations)  
Business, engineering, health, education, and media arts careers.  
[www.devry.edu](http://www.devry.edu)

- East Los Angeles Occupational Center  
[www.elaoc.org](http://www.elaoc.org)

- East Los Angeles Skills Center  
This is a full-time Employment Preparation and Training Center operated by the Los Angeles Unified School District's Division of Adult and Career Education. It provides short-term vocational training.  
[www.elasc.adultinstruction.org](http://www.elasc.adultinstruction.org)

- Entertainment Careers (not a school, but it does provide jobs and internships)  
[www.entertainmentcareers.cc](http://www.entertainmentcareers.cc)

- Everest College (formerly Bryman College; multiple locations)  
Medical, dental, business, and criminal justice careers.  
[www.everest.edu](http://www.everest.edu)

- Fashion Institute of Design and Merchandise (Los Angeles)  
[www.fidm.com](http://www.fidm.com)

- Gemological Institute of America (Carlsbad)  
[www.gia.edu](http://www.gia.edu)

- Glendale Career College  
Health and medical careers.

[www.success.edu](http://www.success.edu)

- ITT Technical Institute (multiple locations)  
Information technology, drafting and design, criminal justice, electronics technology, business, and health sciences careers.  
[www.itt-tech.edu](http://www.itt-tech.edu)
- Kaplan College (formerly Maric College; multiple locations)  
Dental and medical careers.  
[www.kaplancollege.com](http://www.kaplancollege.com)
- Laguna College of Arts and Design  
[www.lagunacollege.edu](http://www.lagunacollege.edu)
- Los Angeles Film School (Hollywood)  
[www.lafilm.com](http://www.lafilm.com)
- Los Angeles Recording School (Hollywood)  
[www.recordingcareer.com](http://www.recordingcareer.com)
- Marinello Schools of Beauty  
[www.marinello.com/def/main.aspx](http://www.marinello.com/def/main.aspx)
- Metropolitan Skills Center (Downtown Los Angeles)  
This is part of the Los Angeles Unified School District Division of Adult and Career Education. It provides career, industrial and vocational training.  
[www.metrosc.net](http://www.metrosc.net)
- Mt. Sierra College (Monrovia)  
Information technology; business; telecommunications; media arts careers.  
[www.mtsierra.edu](http://www.mtsierra.edu)
- Musician's Institute (Hollywood)  
[www.mi.edu](http://www.mi.edu)
- National Polytechnic College (Commerce)  
Medical, health, criminal justice, accounting and office management.
- New York Film Academy (Universal City)  
[www.nyfa.com](http://www.nyfa.com)
- North Valley Occupational and Aviation Center (Mission Hills)

This is a full-time Regional Occupational Center operated by the Los Angeles Unified School District's Division of Adult and Career Education. Provides short-term vocational, technical and health training and assistance in job placement.  
[www.nvoc.org](http://www.nvoc.org)

- North West College (multiple locations)  
Medical, health and dental careers.  
[www.northwestcollege.com](http://www.northwestcollege.com)

- Paul Mitchell School (hair and beauty)  
[www.paulmitchell.edu](http://www.paulmitchell.edu)

- Regional Occupation Program (apprenticeships in Los Angeles county)  
[www.lacorop.org](http://www.lacorop.org)

- Southern California Regional Occupational Center (Torrance)  
Provides courses in Agriculture & Natural Resources; Art/Media and Entertainment; Engineering, Technology and Industrial Trades; Finance and Business; Health Science and Medical Technology; Public and Consumer Services.  
[www.scroc.com](http://www.scroc.com)

- Universal Technical Institute (Los Angeles and Sacramento)  
Auto tech and mechanics careers.  
[www.uti.edu](http://www.uti.edu)

- Venice Skills Center  
This is a full-time Regional Occupational Center operated by the Los Angeles Unified School District's Division of Adult and Career Education. Provides short-term vocational, technical and health training and assistance in job placement.  
[www.lausd.net/Venice\\_Skills\\_Center](http://www.lausd.net/Venice_Skills_Center)

- Verdugo Jobs Center (serving Glendale, Burbank and La Canada)  
[www.verdugojobscenter.org](http://www.verdugojobscenter.org)

- Video Symphony (Burbank)  
Film, video, editing, and graphics careers.  
[www.videosymphony.com](http://www.videosymphony.com)

- West Coast University (Los Angeles, Ontario and Orange County)  
Health and medical careers.

[www.westcoastuniversity.edu](http://www.westcoastuniversity.edu)

- West Valley Occupational Center (Woodland Hills)

This is a full-time Regional Occupational Center operated by the Los Angeles Unified School District's Division of Adult and Career Education. Provides short-term vocational, technical and health training and assistance in job placement.

[www.wvoc.net](http://www.wvoc.net)

- Western Career College (multiple locations)

Dental, medical, legal, veterinary, drafting and graphic design careers.

[www.westerncollege.edu](http://www.westerncollege.edu)

- Westmore Academy of Cosmetic Arts (Burbank)

[www.westmoreacademy.com](http://www.westmoreacademy.com)

- Westwood College (multiple locations)

Technology, business, health, design, criminal justice and industrial service careers.

[www.westwood.edu](http://www.westwood.edu)

- Women at Work (Pasadena)

Job training and placement services.

[www.womenatwork1.org](http://www.womenatwork1.org)

### **Job Training /Supported Employment/Supported Living/Transitions Programs**

- Ability First

Helps individuals with physical and developmental disabilities reach their full potential throughout their lives. Offers a broad range of employment, recreational and socialization programs and operate 12 accessible residential housing complexes. Works with Regional Center clients.

[www.abilityfirst.org](http://www.abilityfirst.org)

- Almansor Center (South Pasadena)

Offers transitions, adult services, supported employment and job placement services. The Transition and Adult Services Program is vendored through the Eastern Los Angeles Regional Center and serves

clients from surrounding Regional Centers as well. The Supported Employment and Job Placement Program is vendored through the California Department of Rehabilitation and the Eastern Los Angeles Regional Center and serves clients from surrounding Regional Centers as well.

[www.redesignlearning.org](http://www.redesignlearning.org)

- Advance LA (Sherman Oaks)

Provides comprehensive and individually designed support services to post-high school students with Autism Spectrum Disorder, Asperger's Disorder, ADHD and other Learning Differences. Life skills coaching in time management, self-advocacy, social skills, money management, personal hygiene, transportation, and independent living skills.

[www.advancela.org](http://www.advancela.org)

- Best Buddies (social opportunities and integrated employment)

Best Buddies Colleges pairs people with intellectual and developmental disabilities in one-to-one friendships with college students. In the past, individuals with intellectual and developmental disabilities have not had the opportunity to have friends outside of their own environment. Best Buddies Jobs continues the integration of people with intellectual disabilities into the community through supported employment. The program helps individuals attain and maintain jobs of their own choosing by providing ongoing support and training, enabling people with intellectual disabilities to earn an income, pay taxes, and work in an environment alongside others in the community.

[www.bestbuddiescalifornia.org](http://www.bestbuddiescalifornia.org)

- Build Rehabilitation Industries (Burbank and San Fernando)

For Regional Center clients only. The Work Activity Program teaches students vocational skills and a strong work ethic, while earning a paycheck. The Supported Employment Program assists clients in acquiring employment in the community through job development, and once employment is obtained the SEP program will provide a job coach to ensure job retention. The Independent Living Skills Program is designed to assist consumers in developing the necessary skills for independent living through financial counseling, cooking instruction, travel training, independent living placements, etc.

[www.buildindustries.com](http://www.buildindustries.com)

- California Foundation for Independent Living Centers (25 locations in CA)

Independent Living Centers (ILCs) are run and controlled by persons with disabilities. They are non-residential, community-based centers where

people with disabilities can receive assistance with a variety of daily living issues, independent living skills training, housing referrals, and learn the skills they need to take control of their lives from people who have had similar experiences living with a disability. The centers serve people with all types of disabilities.

[www.cfilc.org](http://www.cfilc.org)

- CITY Community Services (works with Regional Center clients in metropolitan Los Angeles, San Gabriel and San Fernando Valleys, and parts of Ventura)

CITY provides a wide variety of services from job placement, independent living skills, mobility training services and supported employment services, all of them emphasizing community integration.

[www.citycommunityservices.org](http://www.citycommunityservices.org)

- Community Advocates for People's Choice (Whittier)

Provides supported employment, supported living, and community inclusion services for individuals with disabilities. Works with Regional Center clients.

[www.capcinc.org](http://www.capcinc.org)

- Community Education Center (Pasadena)

The CEC offers programs for disabled adults and adult basic education. It also offers short-term career and technical education for apparel and drapery construction, business office systems, career planning and student development, electronic assembly and wiring, fashion retail academy, printing and photocopy technology, pre-apprenticeship preparation program, health promotions program, fitness lifestyle trainer, broadcast media and cosmetology.

[www.pasadena.edu/cec/programs](http://www.pasadena.edu/cec/programs)

- Easter Seals (multiple locations throughout Southern California)

Provides Adult Day, Residential, Employment Services/WorkFirst, Independent Living Skills, Individual and Family Support Services. Works with Regional Center clients.

[www.SouthernCal.EasterSeals.com](http://www.SouthernCal.EasterSeals.com)

- Family, Adult and Child Therapies (F.A.C.T.; various LA locations)

F.A.C.T offers numerous transitions programs, including Generating All Possibilities, Transitional Independent Living Program, Emerging Leaders, and Weekend Roundabouts. The programs are designed to support individuals in building a sense of self determination and personal preference through life experiences and laying a strong foundation for "bridging the gap" as they transition into independence.

[www.FactFamily.org](http://www.FactFamily.org)

- Foothill Area Community Service Transition Services  
Provides Continuing Education, Vocational Activities, Domestic Skills Training, Involvement in General Community Activities, Recreational and Leisure Activities and Age-Appropriate Integration within Natural Environments. For Regional Center clients who reside within Glendale, La Canada and Burbank and who have not received a high school diploma.  
[www.foothillselpa.org/reg-prog/facts.htm](http://www.foothillselpa.org/reg-prog/facts.htm)

- Foothill Vocational Opportunities (Pasadena)  
Provides a range of vocational services designed to provide disabled individuals and their families opportunities for vocational and personal growth. The Work Training Services and Community Supported Employment Program are focused on providing the greatest opportunity for involvement in the community.  
[www.foothillvoc.org/index.htm](http://www.foothillvoc.org/index.htm)

- Goodwill Industries (multiple locations)  
We seek to serve persons with disabilities by providing job placement and employee training programs. Our WorkSource and One Stop Service Centers bring job seekers and employers together. Job seekers get help preparing resumes, getting interviews and taking classes toward retraining or upgrading of skills.  
[www.goodwillsocal.org](http://www.goodwillsocal.org)

- Inclusion Films  
Inclusion Films Workshop is a two-phase practical program. Our goal is to provide developmentally disabled adults with an entry-level working knowledge of film production. Our curriculum offers students real-world experience. At the conclusion of each semester, students will work as a team to create and produce a short thesis film. After completing the program, the most qualified and successful students may be invited to work join our micro-enterprise, Team Diversity Media. Together we will work on production projects for clients in the community. Works with Regional Center clients.  
[www.inclusionfilms.com](http://www.inclusionfilms.com)

- Independent Living Center of East San Gabriel Valley  
See California Foundation for Independent Living Centers.  
[www.ilc-clar.org](http://www.ilc-clar.org)

- Independent Living Center of Southern California  
See California Foundation for Independent Living Centers.

[www.ilcsc.org](http://www.ilcsc.org)

- Jay Nolan Community Services (Lancaster, Los Angeles, Mission Hills)  
Provides support for individuals with Autism Spectrum Disorder and other Developmental Disabilities to live fulfilling lives as members of the community by providing Enhanced Support Services, Resource and Training Center, Family Support Services, Employment Support and Supported Living Services. Works with Regional Center and private pay clients.

[www.jaynolan.org](http://www.jaynolan.org)

- Lincoln Training Center (South El Monte)  
The mission is to foster independence and improved quality of life for individuals with disadvantages or developmental disabilities. Provides Transition Partnership Program, Habilitation, Vocational Rehabilitation-Work Activity Program (VR-WAP), Supported Employment and Client Counsel.

[www.lincolntc.org](http://www.lincolntc.org)

- Marriott Foundation for People with Disabilities (Los Angeles)  
The mission to enhance employment opportunity for young people with disabilities. Partners with Department of Rehabilitation and LAUSD.

[www.marriott.com/foundation/facts.mi](http://www.marriott.com/foundation/facts.mi)

- Modern Support Services (in Glendale)  
Provides individualized community and home based services such Supported Living Services (SLS) and Independent Living Skills (ILS). Supports individuals with significant psychological, emotional and physical challenges diagnosed with Autism, Down Syndrome, Mental Retardation, Seizure disorder, Cerebral Palsy, Schizophrenia, OCD, Bipolar, etc. Works with Regional Center clients.

[www.modernsupportservices.org](http://www.modernsupportservices.org)

- Parents' Place Family Resource and Empowerment Center (San Gabriel/Pomona)  
Provides information and education to improve knowledge so parents, caregivers, and professionals can become empowered, allowing them to advocate for their children more effectively. Information is provided through the Warm Line, educational workshops, Parent Information Packets, referrals to local and national resources, access to information on the Internet, at our annual Information Fair & Festival, and meeting one-on-one with a resource parent.

[www.parentsplacefrc.com](http://www.parentsplacefrc.com)

- PathPoint (formerly known as Work Training Programs, Inc.; Los Angeles and

Ventura counties)

Provides employment, day services and assisted living programs for people with developmental disabilities and foster youth, as well as others. Works with Regional Center and Department of Rehabilitation clients.  
[www.pathpoint.org](http://www.pathpoint.org)

- Pomona Valley Workshop

Offers Adult Development Center, Work Program, Support Employment Services and Anthesis Autism Services. Works with Regional Center and Department of Rehabilitation clients.  
[www.pvwonline.org](http://www.pvwonline.org)

- San Gabriel Valley Training Center

Serves adults with vocational and social disabilities by providing traditional and innovative programs, developmental and vocational rehabilitation services that will maximize their social and vocational potentials, provide community educational programs which will enhance the communities' understanding and acceptance of the programs, and promote their recognition and integration as functional members of the community. Works with Regional Center and Department of Rehabilitation clients.  
[www.sgvtc.com](http://www.sgvtc.com)

- Southeast Center for Independent Living (southeast Los Angeles county)

Develops comprehensive programs, responding to the needs of the disability community, enabling them to lead healthy, independent, and productive lives. Most services are provided free of charge to all persons with disabilities. Works with Department of Rehabilitation clients.  
[www.scrs-ilc.org](http://www.scrs-ilc.org)

- Tierra del Sol (Sunland/Shadow Hills)

Mission is to serve our communities by empowering individuals with developmental disabilities to realize their greatest human potential, become as independent as possible within their families and to become productive and valued citizens. Instruction is in a wide variety of vocational areas, employment training, adult life skills, social/recreational and artistic expression. Works with Regional Center and Department of Rehabilitation clients.  
[www.tierradelsol.org](http://www.tierradelsol.org)

- Valley Light Industries (Irwindale and surrounding areas)

Provides Supported Employment, Work Activity Program, Social/Recreational Activities and Transitions Services for individuals with developmental disabilities. Works with Regional Center clients.  
[www.valleylightind.org](http://www.valleylightind.org)

- Villa Esperanza Services (Pasadena and Thousand Oaks/Westlake)  
Offers Adult Day, Vocational, Employment and Transitional, Residential, Independent Living Skills, Care Management Outreach, Integrated Work Programs, Speech and Language Services and Music Therapy.  
[www.villaesperanzaservices.org](http://www.villaesperanzaservices.org)

- Westview Services, Inc. (southern California)  
Provides day, community transitions and employment programs. More than 500 employees serve about 2000 clients in 30 programs, each driven by our mission of enriching the daily lives of people through services designed to realize their potential.  
[www.westviewservices.org](http://www.westviewservices.org)

### **Independent Living Residence Programs**

- Anchor to Windward (Salem, MA)  
Providing independent living and social networking services to adolescents and adults with developmental disabilities including Down Syndrome, Asperger's Syndrome, and other disabilities that stem from early childhood.  
[www.atw813.org](http://www.atw813.org)

- Bancroft Neurohealth (Haddonfield, NJ)  
Bancroft offers a wide range of state-of-the-art services to children and adults with autism, developmental disabilities, brain injuries and other neurological impairments. Services include educational, vocational, residential, rehabilitation and therapeutic interventions based on the individual needs of each person the organization serves.  
[www.bancroftneurohealth.org](http://www.bancroftneurohealth.org)

- Casa de Amma (San Juan Capistrano, CA)  
We nurture the abilities and independence of people with learning challenges by providing a broad spectrum of residential, vocational and educational opportunities in a responsive and caring environment. Casa

de Amma is a planned, supported living community that provides services to enhance the overall independence of residents while providing the structure necessary to promote safety, health and well-being.

[www.casadeamma.org](http://www.casadeamma.org)

- Center for Adaptive Learning (Concord, CA)

The mission of the Center for Adaptive Learning is to empower adults with a developmental neurological disability to realize their individual potential for self-reliant living as defined by the ability to engage in meaningful productive work, to socialize successfully, to attend to their own physical and emotional health and to experience on-going personal growth.

[www.centerforadaptivelearning.org](http://www.centerforadaptivelearning.org)

- Center for the Advancement of Postsecondary Studies at the Maplebrook School (Amenia, NY)

The C.A.P.S. student body consists of a balance between young men and women and is reflective of society as a whole. Through small group and individualized instruction, the student will be assisted in reaching his/her academic, social, vocational, and physical potential.

<http://www.maplebrookschool.org/page.cfm?p=26>

- Chapel Haven (New Haven, CT)

Chapel Haven is a unique place. We are the country's only combined state-accredited special education facility and independent living facility for adults with cognitive disabilities. Provides life skills, education, employment, supported living, community life and recreation programs for individuals with developmental and social disabilities.

[www.chapelhaven.org](http://www.chapelhaven.org)

- Family, Adult and Child Therapies (F.A.C.T.; various LA locations)

F.A.C.T offers numerous transitions programs, including Generating All Possibilities, Transitional Independent Living Program, Emerging Leaders, and Weekend Roundabouts. The programs are designed to support individuals in building a sense of self determination and personal preference through life experiences and laying a strong foundation for "bridging the gap" as they transition into independence.

[www.FactFamily.org](http://www.FactFamily.org)

- Foundation for Independent Living (Coconut Creek, FL)

The Foundation is a private, not-for-profit, community-based independent residential living program for adults with learning disabilities. We offer personalized independent life skills training, coaching and support.

Vocational training, job support services and job placement services are utilized.

[www.fillinc.org](http://www.fillinc.org)

- Getting Ready for the Outside World (GROW) (Cape Cod, MA)  
In the structured, supportive residential setting a competent, caring staff fosters independence and self-determination through the development of independent living skills, social skills and self esteem in the GROW program. We offer services in the areas of academics, personal growth, transitions, vocations, and residential.

[www.riverviewschool.org/index.php?q=inside\\_riverview/post\\_secondary\\_GROW](http://www.riverviewschool.org/index.php?q=inside_riverview/post_secondary_GROW)

- Horizons School (Birmingham, AL)  
The Horizons School offers a non-degree postsecondary program specifically designed to facilitate personal, social and career independence for students with mild learning disabilities and other mild handicapping conditions. Classes in personal, social and career development are offered within a two-year program. The third year is the community transition program.

[www.horizonsschool.org](http://www.horizonsschool.org)

- Independence Center (Los Angeles, CA)  
Independence Center is a mainstreamed transitional residential program for young adults (18-30) with learning disabilities. The Independence Center Residential Program provides the structure needed for those young adults making their initial transition to independent living or for those who have been in other programs but still need full support services. Daily living skills instruction is provided in individual and group settings. Transition phase of the Independence Center program is the next step for the young adult who needs less supervision and is employed. Here the young adult will live in his or her own apartment and has the opportunity, after discussion with staff, of deciding which parts of the program should remain mandatory and which can become optional.

[www.independencecenter.com](http://www.independencecenter.com)

- Jespy House (South Orange, NJ)  
JESPY House is an extraordinary program for adults with learning and developmental disabilities who demonstrate the ability to live independently and gain competitive employment. JESPY House welcomes men and women, ages 18 and older, who have been diagnosed with learning disabilities, neurological impairments and/or perceptual impairments. Depending on the level of their ability, JESPY clients may immediately begin to live independently in the JESPY community, or they may first become part of the Residential Living Program where they will learn the skills to achieve independence.

Although individuals of all faiths are accepted, Judaic principles are maintained throughout the program.

[www.jespy.org](http://www.jespy.org)

- Life College (Richfield, MN)

Minnesota Life College is a three year postsecondary, vocational and life-skills training program for young adults with learning disabilities and autistic spectrum disorders. Independent Living and Employment Readiness are at the heart of MLC's unique program; other key curriculum areas include Decision-Making for Success, Social Skills Development, and Fitness and Wellness.

[www.mnlifecollege.org](http://www.mnlifecollege.org)

- Life Development Institute (Glendale, AZ)

The Life Development Institute serves young men and women between the ages of 18-30 who have cognitive, emotional, or neurological conditions such as learning disabilities, ADHD, Asperger's Syndrome, NLD, depression, anxiety and other related disorders. LDI offers a two-year core program with three primary post-secondary options. These options are pathways and supportive placement into community-based higher education, technical and career preparation, occupational training programs, or competitive employment.

[www.life-development-inst.org](http://www.life-development-inst.org)

- Living Independently Forever, Inc. (Hyannis, MA)

LIFE serves adults with learning disabilities through a model program within its condominium-communities on Cape Cod. Service coordination, goal planning, employment services, case management, social/recreational opportunities, medical care assistance, groups and classes, money management assistance, transportation, observation and consultation and fitness/nutrition programs are offered.

[www.lifecapecod.org](http://www.lifecapecod.org)

- Moving Forward (Napa, CA)

Moving Forward Toward Independence is a nonprofit, residential program committed to guiding our residents to achieve their highest potential. By providing an environment that maintains a balance of challenges and support, Moving Forward fosters growth in social, vocational and interpersonal skills. Working in partnership with residents and their families, we offer a caring and responsive community where young adults with complex learning or mild developmental disabilities can enjoy productive, fulfilling and healthy lives.

[www.moving-forward.org](http://www.moving-forward.org)

- New York Institute of Technology Vocational Independence Program (VIP)

Our mission is to maximize the potential of individuals with learning differences by teaching skills and strategies and providing support necessary for successful and independent lives. VIP is a three-year post-secondary program that focuses on academics, independent living, social skills development, and vocational exploration and training. Its highly individualized structure produces a positive atmosphere that is conducive to growth and the development of skills and self-esteem. Each student is assigned four counselors and a resident advisor, and attends small classes to ensure that he or she receives the appropriate amount of attention to enhance their chances of successfully transitioning to adulthood.

[www.nyit.edu/vip](http://www.nyit.edu/vip)

- OPTIONS Program at Brehm (Carbondale, IL)

OPTIONS is a comprehensive transitional program for students with learning disabilities who have graduated from high school, earned their GED, or who have chosen to defer graduation in order to participate in a transitional program. OPTIONS instructional programming includes academic classes offered by OPTIONS faculty, instruction in employment readiness, community college experiences, internship experiences and Speech/Language therapy. The Independent Living Program at OPTIONS encompasses many facets of daily living and adult life. OPTIONS operates on a holistic model, taking into account each student's medical, social and emotional needs as well as their academic, employment and independent living goals.

[www.options.brehm.org](http://www.options.brehm.org)

- Pathway at UCLA Extension (Westwood, CA)

Pathway is a two-year certificate program for students with intellectual and other developmental disabilities, offering a blend of educational, social, and vocational experiences, taught and supervised by experienced instructors sensitive to the individual needs of our students. On campus, Pathway students attend classes and participate with UCLA students in the many social, recreational, and cultural activities of a major university.

[www.uclaextension.edu/pathway](http://www.uclaextension.edu/pathway)

- Professional Assistant Center for Education at National-Louis University (Evanston, IL)

PACE is a two-year, post-secondary certificate program offered by the acclaimed National College of Education (NCE) at National-Louis University (NLU). The program, located at the new NLU campus in Skokie,

Illinois, is designed to meet the transitional needs of students with multiple learning disabilities. The program includes academics, career preparation, life skills and student life. The PACE Transition Program is designed to assist young men and women who are graduates of the PACE Program in the next step toward independence. It is a three-year program with diminishing services.

[www3.nl.edu/academics/PACE](http://www3.nl.edu/academics/PACE)

- Project Forward (Cape Cod Community Center, West Barnstable, MA)  
Project Forward is a vocational training skills program for students with significant learning difficulties. Project Forward's mission is to encourage students with disabilities to develop employment skills and become responsible learners and workers. Services include vocational career exploration, employability skills, and work/study employment and community living.

[www.projectforward.net](http://www.projectforward.net)

- Scenicview Center (Provo, UT)

Our mission is to help individuals diagnosed with Autism, Aspergers, ADHD, Executive Functioning Deficits, Dyslexia, Dyscalculia, or Dysgraphia, or other learning disabilities gain skills that lead to interdependent and fulfilling lives. We do this through case management, clinical services, education, employment, health/fitness, and recreational therapy. Through our residential or day-time programming, students learn about their disabilities and how to accommodate for them. ScenicView Academy provides the safe environment necessary for students with learning disabilities to help gain knowledge and confidence in the path that lies before them.

[www.scenicviewcenter.org](http://www.scenicviewcenter.org)

- Specialized Housing, Inc. (Brookline, MA)

We work with families seeking supportive independent living situations for adults with developmental disabilities, learning disabilities, traumatic brain injuries, physical disabilities, or psychiatric illness. We are a development team of clinicians, lawyer, architect, and builders committed to creating housing for people with additional needs.

[www.specializedhousing.org](http://www.specializedhousing.org)

- St. Louis Life (O'Fallon, MO)

St. Louis Life is a community-based, structured program with on-site staff support for young adults with developmental disabilities. Residents will be working and living in the community and allowed to make decisions that affect all aspects of their lives.

This independent living program will offer apartment residential

opportunities in addition to job placement/coaching, social, educational and recreational activities, and many other support services.  
[www.stlouislife.org](http://www.stlouislife.org)

- Taft College Transition to Independent Living Program (Taft, CA)  
The Transition to Independent Living Program (TIL) is a post-secondary experience for developmentally disabled adults emphasizing learning independent living skills. The program stresses the importance of teaching people to accept responsibility for decisions and choices they make. The program provides instruction, training, and support on a community college campus. The program is comprehensive, with curriculum and training that promotes acquisition of the functional, social, and career skills necessary for students to live a productive and normalized lifestyle.  
[www.taft.cc.ca.us/til/index.html](http://www.taft.cc.ca.us/til/index.html)

- The Threshold Program at Lesley University (Cambridge, MA)  
The Threshold Program is a two-year, comprehensive, non-degree campus-based program at Lesley University for highly motivated young adults with diverse learning disabilities and other special needs. All are clearly interested in careers in one of our vocational fields of study, Business and Support Services, and Early Childhood Studies, and all have a strong desire to become independent adults. Additional Transition and Bridge programs are available for graduates of the two-year program.  
[www.lesley.edu/threshold/threshold\\_home.htm](http://www.lesley.edu/threshold/threshold_home.htm)

- The Transitional Living Center at the Maplebrook School (Amenia, NY)  
The TLC is an apartment living program for young adults with learning differences. It is a full-time 50 weeks per year, 1-2 year transitional program to assist young adults who may need additional time to implement the skills necessary for successful adulthood. The program is dedicated to enhancing independence with full-time employment or matriculation in Dutchess Community College. The practical application of previously learned life skill education and community involvement is essential. Independent living is maximized by providing apartments conveniently located near community resources. The mission of T.L.C. is to provide an independent living environment for young adults who learn differently. The program allows them to experience "real life" in a safe, supportive atmosphere, including life skills support, group social skills counseling, recreational opportunities, as well as vocational guidance.  
[www.maplebrookschool.org/page.cfm?p=31](http://www.maplebrookschool.org/page.cfm?p=31)

- Vista Vocational and Life Skills Center, Inc. (Westbrook, CT)  
Vista is a unique, community-based educational program for young adults with neurological disabilities (learning disability, epilepsy, autism, or

traumatic brain injury). We offer experiential, hands-on instruction in vocational training, life skills instruction, social skills, counseling and support services designed to enable our students to succeed in work and to live independently.

[www.vistavocational.org](http://www.vistavocational.org)

### College-Based Programs

- Academic Bridges for Learning Effectiveness at Metropolitan Community College, (Kansas City, MO)

[www.mcckc.edu/main.asp?P=SAbleOverview](http://www.mcckc.edu/main.asp?P=SAbleOverview)

ABLE helps students with learning disabilities or brain injuries. ABLE's goal is to empower students to become independent learners and effective self-advocates. It has been designed to support you as you progress into a regular college program. You will work directly with a learning specialist to create a plan that fits your interests and needs. We will help to identify the accommodations you need for success in college, both in the classroom and outside of it. You'll take a specific series of classes to learn success skills. You'll also receive special tutoring support and counseling.

- Academic Success, Inc. at Santa Fe Community College (Gainesville, FL)

[www.academic-success.net](http://www.academic-success.net)

The mission is to provide quality, individualized academic, life-skill, social, emotional and career support to post-secondary students with learning disabilities, visual and auditory processing disorders, AD/HD, traumatic brain injuries and Asperger's Syndrome. Options include two- or four-year degrees and vocational/certificate programs.

- Beacon College (Leesburg, FL)

[www.beaconcollege.edu](http://www.beaconcollege.edu)

As a student at Beacon College, you will come to understand your learning disability in ways you never have before. From there, you'll discover the way that you learn best and use suggested strategies to optimize your strengths in the classroom. All of this will be done alongside other high-achieving students from across the country whose learning experiences, to this point, have been very similar to yours. At the same time, Beacon College will offer you a fun, supportive, collegiate atmosphere that recognizes accomplishment, fosters lifelong friendships, and prepares you for personal and professional success!

- Berkshire Center (Lee, MA)

[www.berkshirecenter.org](http://www.berkshirecenter.org)

The College Internship Program at the Berkshire Center provides individualized, post-secondary academic, internship and independent living experiences for college-aged students with learning differences and Asperger's Syndrome.

- Bloomington Center (Bloomington, IN)

The College Internship Program at the Bloomington Center provides individualized, post-secondary academic, internship and independent living experiences for young adults with Asperger's Syndrome and other learning differences.

- Brevard Center (Melbourne, FL)

[www.brevardcenter.org](http://www.brevardcenter.org)

The College Internship Program at the Brevard Center provides individualized, post-secondary academic, internship and independent living experiences for young adults with Asperger's Syndrome and other learning differences.

- Brigham Young University-Idaho (Rexburg, ID)

[www.byui.edu](http://www.byui.edu)

From its earliest years as a pioneer academy to the modern university we know today, BYU-Idaho has enjoyed a rich heritage of sacrifice, service, improvement, and innovation. This historic institution is embarked on a journey of growth and progress that began with the divinely inspired decision to transform Ricks College into a four-year university. Since then, BYU-Idaho has broken new ground in higher education with unique academic offerings, creative calendaring, and programs focused on the development of students. BYU-Idaho is truly rethinking education and our young people are always at the center of those efforts.

- College Living Experience

(Austin, Chicago, Denver, Fort Lauderdale, Monterey, Washington D.C.)

[www.cleinc.net](http://www.cleinc.net)

College Living Experience is a program designed to help students with learning disabilities transition into a life full of opportunity, independence and success. Finding the right college program for students with autism spectrum disorders, Asperger's, nonverbal learning disorder, ADD/ADHD and other learning disabilities is vital for a college student's transition into independent adulthood. The right program should provide support for each student's unique needs and goals.

With the help of College Living Experience (CLE), young adults with learning disabilities are experiencing independence as college students. College Living Experience helps special needs students attend universities,

community colleges and technical and vocational schools near one of the six CLE locations across the country.

- College Support Program (Buffalo, NY)

[www.collegesupportprogram.org](http://www.collegesupportprogram.org)

The College Support Program (CSP) is a satellite of the College Internship Program (CIP), a well-established program founded in 1984 which assists college age students with learning differences to achieve success. CSP is designed to support college students with Asperger's Syndrome, ADD and other learning differences as they attend college and pursue a degree. CSP students will have the opportunity to have a full college experience while receiving the necessary supports for success. Students will have the option of living in supervised, supported apartments, in dormitories, or at home commuting to campus as day students. CSP provides key supports in the areas of social skills, academics, counseling and executive functioning organizational skills.

- Higher Education for Learning Problems at Marshall University (Huntington, WV)

[www.marshall.edu/help](http://www.marshall.edu/help)

The H.E.L.P. Program is committed to providing assistance through individual tutoring, mentoring and support, as well as fair and legal access to educational opportunities for students diagnosed with Learning Disabilities (LD) and related disorders such as ADD/ADHD.

- Landmark College (Putney, VT)

[www.landmark.edu](http://www.landmark.edu)

Landmark College is fully accredited by the New England Association of Schools and Colleges. While many colleges offer special programs for students with learning difficulties, Landmark College is one of the only accredited colleges in the United States designed exclusively for students with dyslexia, attention deficit hyperactivity disorder (AD/HD), or other specific learning disabilities. We teach the skills and strategies necessary for success in college and the workforce. Here at Landmark, you learn how to learn, and this knowledge helps you become more confident and independent.

- Marymount College (Palos Verdes, CA)

[www.marymountpv.edu](http://www.marymountpv.edu)

We provide a caring, person-centered educational experience rooted in a Catholic heritage. We promote student appreciation for a rigorous search for wisdom through a values-based education in the liberal arts and sciences, culminating in the development of a meaningful philosophy of life, prudent selection of a major, acquisition of an Associate

degree and successful transfer to a four-year college or university. Our academic and co-curricular programs aspire to prepare students to be thoughtful, caring and effective members within family, community, society and the world. We seek to develop a sense of universal meaning, a global and historical perspective, and a shared understanding of the common humanity that is the basis for community among diverse national, cultural and social backgrounds. We enable students to develop the foundation for competencies necessary for entry, growth and success in chosen careers as well as the enthusiasm to be a lifelong learner. Our overarching vision is to develop men and women with maturity, intellectual curiosity and the skills to succeed. A Marymount College education provides for this learning experience to persons of diverse backgrounds, ages and levels of academic preparedness.

- Mercyhurst College (Erie, PA)

[www.mercyhurst.edu/learning-differences](http://www.mercyhurst.edu/learning-differences)

The Foundations Program at Mercyhurst is designed for high school students (incoming juniors and seniors) with Autism Spectrum Disorders. The program allows these students to experience campus life, earn three college credits, learn valuable independent living skills and assess college readiness.

- Mitchell College (New London, CT) *Also see Thames Academy.*

[www.mitchell.edu](http://www.mitchell.edu)

Mitchell College, a private institution of higher education, provides a transforming educational experience. Within a diverse and student-centered community and with an emphasis on holistic student development, Mitchell College supports individual learning differences, nurtures untapped academic potential, and instills professional knowledge and skills necessary for students to contribute to an ever-changing world.

- Program for Advancement of Learning at Curry College (Milton, MA)

[www.curry.edu/Academics/LD+Program+%28PAL%29](http://www.curry.edu/Academics/LD+Program+%28PAL%29)

PAL recognizes and respects each individual as a unique learner with potential for continued growth and the ability to achieve and succeed. PAL encourages students to become self-directed, independent, successful learners, achieving competence and effectiveness.

- Program for Alternative Learning Styles at Limestone College (Gaffney, South Carolina)

[www.limestone.edu/admissions-day-student-admissions/disability-services](http://www.limestone.edu/admissions-day-student-admissions/disability-services)  
PALS was developed to serve college-age students with specific learning disabilities. The purpose is to provide students with opportunities to be

successful and independent learners in an academic environment within three years after beginning PALS.

- Strategic Alternative Learning Techniques Center at University of Arizona (Tucson)

[www.salt.arizona.edu](http://www.salt.arizona.edu)

SALT Center serves the needs of many students diagnosed with LD or ADHD. SALT students receive individualized educational planning and monitoring, assistance from trained tutors with course work, and an array of workshops geared toward the individual academic needs of these students. Each student is assigned to a Learning Specialist. These individuals assist students as they navigate through the University of Arizona.

- Thames Academy at Mitchell College (New London, CT)

[www.mitchell.edu](http://www.mitchell.edu)

Mitchell College is a coeducational, private residential institution offering associate and bachelor degree programs in the liberal arts and professional areas. The college is dedicated to providing a challenging education in a caring and cooperative environment for all students, including those with untapped potential and those with diagnosed learning disabilities. The Thames Academy is a pre-college transitional experience. It is a year of academic preparation that provides college courses for credit.

## Financial Aid Resources

### Important Web Sites for Federal Financial Aid

- FAFSA (**not** [www.fafsa.com](http://www.fafsa.com)—this is a company that charges money!)

[www.fafsa.ed.gov](http://www.fafsa.ed.gov)

- FAFSA 4Caster (online calculator to assist families with financial aid planning)

[www.fafsa4caster.ed.gov](http://www.fafsa4caster.ed.gov)

- FAFSA PIN (apply about two weeks **before** you file FAFSA)

[www.pin.ed.gov](http://www.pin.ed.gov)

- Federal Student Aid

[www.studentaid.ed.gov](http://www.studentaid.ed.gov)

- Loan information

[www.edfund.org](http://www.edfund.org)

### Important Web Sites for California Financial Aid

- Association of Independent California Colleges and Universities  
[www.aiccu.edu](http://www.aiccu.edu)
- California Cash for College  
[www.calgrants.org/index.cfm?navId=16](http://www.calgrants.org/index.cfm?navId=16)
- California Colleges  
[www.californiacolleges.edu](http://www.californiacolleges.edu)
- Cal Grants  
[www.calgrants.org](http://www.calgrants.org)
- Cal Grant GPA Verification Form  
[www.csac.ca.gov/PUBS/FORMS/GRNT\\_FRM/gpawebformfillin.pdf](http://www.csac.ca.gov/PUBS/FORMS/GRNT_FRM/gpawebformfillin.pdf)
- California Student Aid Commission  
[www.csac.ca.gov](http://www.csac.ca.gov)
- Chafee Grant for Foster Care Children  
[www.chafee.csac.ca.gov](http://www.chafee.csac.ca.gov)
- Child Development Grant, Law Enforcement and APLE  
[www.csac.ca.gov](http://www.csac.ca.gov)

### **Selected Scholarship Web Sites**

- Anne and Allegra Ford Scholarship  
[www.nclد.org](http://www.nclد.org) (click on *scholarships* link)
- Council for Exceptional Children *Yes I Can!* Award  
[www.cec.sped.org/Content/NavigationMenu/AboutCEC/YesICanFoundation/ToNominate/default.htm](http://www.cec.sped.org/Content/NavigationMenu/AboutCEC/YesICanFoundation/ToNominate/default.htm)
- Creating Options, Financial Aid for Individuals with Disabilities  
[www.ldonline.org/article/Creating\\_Options%3A\\_2007\\_Financial\\_Aid\\_for\\_Individuals\\_with\\_Disabilities](http://www.ldonline.org/article/Creating_Options%3A_2007_Financial_Aid_for_Individuals_with_Disabilities)
- Fastweb Scholarships (clearinghouse)  
[www.fastweb.com](http://www.fastweb.com)
- Financial Aid for Students with Disabilities  
[www.finaid.org/otheraid/disabled.phtml](http://www.finaid.org/otheraid/disabled.phtml)
- Horatio Alger Scholarship Program  
[www.horatioalger.org/scholarships](http://www.horatioalger.org/scholarships)
- LD Online scholarship information  
[www.ldonline.org/scholarship\\_ops](http://www.ldonline.org/scholarship_ops)
- McDonald's  
[www.mcdonaldssocal.com](http://www.mcdonaldssocal.com)
- Recording for the Blind and Dyslexic National Achievement Awards  
[www.rfbd.org/About-RFB-D/National-Achievement-Awards/108](http://www.rfbd.org/About-RFB-D/National-Achievement-Awards/108)
- Scholarships.com (clearinghouse)  
[www.scholarships.com](http://www.scholarships.com)
- Toyota Community Scholars  
[www.toyota.com/communityscholars](http://www.toyota.com/communityscholars)

### **Other Post-Secondary or College Related Web Sites**

- Association of Independent California Colleges and Universities  
[www.aiccu.edu](http://www.aiccu.edu)
- California Apprenticeship Coordinators Association  
[www.calapprenticeship.org](http://www.calapprenticeship.org)
- California Association for Postsecondary Education and Disability  
[www.caped.net](http://www.caped.net)
- California State University system (CSU)  
[www.csumentor.edu](http://www.csumentor.edu)
- Campus tours and general college information  
[www.ecampustours.com](http://www.ecampustours.com)
- Federal Site for Students  
[www.students.gov](http://www.students.gov)
- Financial planning guide and tools  
[www.edwise.org](http://www.edwise.org)
- Planning for college  
[www.going2college.org](http://www.going2college.org)
- Smart Guide to Student Financial Aid  
[www.finaid.org](http://www.finaid.org)
- Transfer from community college to UC or CSU assistance  
[www.assist.org](http://www.assist.org)
- University of California system  
[www.universityofcalifornia.edu](http://www.universityofcalifornia.edu)

### **Volunteer/Community Service Resources**

Many opportunities for community service exist. Please check with your local libraries, homeless shelters, soup kitchens, houses of worship, museums, animal shelters, charitable organizations such as the Salvation Army, non-profit groups such as March of Dimes and American Red Cross, and local city government volunteer programs such as graffiti removal and beach cleanups. The \* indicates a website that matches volunteers with interests and locations.

- American Red Cross  
[www.redcross.org](http://www.redcross.org)
- Big Sunday (Los Angeles; non-denominational and non-political)  
[www.bigsunday.org](http://www.bigsunday.org)
- California Volunteers\*  
[www.californiavolunteers.org](http://www.californiavolunteers.org)

- Community without Walls (Pasadena)  
[www.communitywithoutwalls.org](http://www.communitywithoutwalls.org)
- Danny's Farm (Altadena)  
[www.dannysfarm.com](http://www.dannysfarm.com)
- Habitat for Humanity  
[www.habitat.org/cd/local](http://www.habitat.org/cd/local)
- I Participate\* (sponsored by Entertainment Industry Foundation)  
[www.iparticipate.org](http://www.iparticipate.org)
- Los Angeles Works (provides a calendar of volunteer opportunities)  
[www.laworks.com](http://www.laworks.com)
- March of Dimes  
[www.marchofdimes.com/howtohelp/howtohelp.asp](http://www.marchofdimes.com/howtohelp/howtohelp.asp)
- Network for Good\*  
[www.networkforgood.org](http://www.networkforgood.org)
- Salvation Army  
[www.salvationarmyusa.org/usn/www\\_usn.nsf](http://www.salvationarmyusa.org/usn/www_usn.nsf)
- United States Freedom Corps\*  
[www.usafreedomcorps.gov](http://www.usafreedomcorps.gov)
- Volunteer Center Los Angeles (provides form to match skills/interests)  
[www.vcla.net.cnchost.com](http://www.vcla.net.cnchost.com)
- Volunteer Los Angeles (provides a list of volunteer opportunities)  
[www.volunteerlosangeles.com](http://www.volunteerlosangeles.com)
- Volunteer Match\*  
[www.volunteermatch.org](http://www.volunteermatch.org)

### **Resources for Students with Disabilities and Their Families**

- Actors for Autism and Advance Media Vocational Academy

[www.actorsforautism.com](http://www.actorsforautism.com)

- All Kinds of Minds  
[www.allkindsofminds.org](http://www.allkindsofminds.org)

- Alliance for Technology Access  
[www.ataccess.org](http://www.ataccess.org)

- American Academy of Children and Adolescent Psychiatry  
[www.aacap.org](http://www.aacap.org)

- American Speech-Language-Hearing Association  
[www.asha.org](http://www.asha.org)

- Armenian Autism Outreach  
[www.armenianautismoutreach.org/resources.html](http://www.armenianautismoutreach.org/resources.html)

- Association on Higher Education and Disability  
[www.ahead.org](http://www.ahead.org)

- Attention Deficit Disorder Association  
[www.add.org](http://www.add.org)

- Autism Society of America  
[www.autism-society.org](http://www.autism-society.org)

- Autism Speaks  
[www.autismspeaks.org](http://www.autismspeaks.org)

- California Association of Family Empowerment Centers  
[www.cafec.org](http://www.cafec.org)

- California Association of Post-Secondary Education and Disabilities  
[www.caped.net](http://www.caped.net)

- Center for Learning Differences  
[www.centerforlearningdifferences.org](http://www.centerforlearningdifferences.org)

- Center for the Partially Sighted  
[www.low-vision.org](http://www.low-vision.org)

- Child and Adolescent Bipolar Foundation  
[www.bpkids.org](http://www.bpkids.org)

- Children and Adults with Attention Deficit/Hyperactivity Disorder  
[www.chadd.org](http://www.chadd.org)
- Council for Learning Disabilities  
[www.cldinternational.org](http://www.cldinternational.org)
- Disability Benefits 101 (helps workers, job seekers, and service providers understand the connections between work and benefits)  
[www.disabilitybenefits101.org](http://www.disabilitybenefits101.org)
- Disability Resources on the Internet  
[www.disabilityresources.org](http://www.disabilityresources.org)
- Disability Rights Legal Center  
[www.disabilityrightslegalcenter.org](http://www.disabilityrightslegalcenter.org)
- Epilepsy Foundation of Greater Los Angeles  
[www.epilepsy-socalif.org](http://www.epilepsy-socalif.org)
- Federal Reserve Education (lessons about finances)  
[www.federalreserveeducation.org](http://www.federalreserveeducation.org)
- Fiesta Educativa, Inc. (resource for Latino families)  
[www.fiestaeducativa.org](http://www.fiestaeducativa.org)
- Foothill Autism Alliance, Inc.  
[www.foothillautism.org](http://www.foothillautism.org)
- Friends of Californians with Disabilities  
[www.disabilityemployment.org](http://www.disabilityemployment.org)
- George Washington University HEATH Resource Center (has many topics and resources available)  
[www.heath.gwu.edu](http://www.heath.gwu.edu)
- Great Schools Special Education Topics (formerly Schwab Learning)  
[www.greatschools.org/special-education.topic?content=1541](http://www.greatschools.org/special-education.topic?content=1541)
- Housing Rights for People with Disabilities (LA, West LA, Pasadena, El Monte)  
[www.hrc-la.org](http://www.hrc-la.org)
- International Dyslexic Association  
[www.interdys.org](http://www.interdys.org)

- Jump Start (personal financial literacy)  
[www.jumpstart.org](http://www.jumpstart.org)
- Learning Disabilities Association of California (multiple locations throughout state)  
[www.ldaca.org](http://www.ldaca.org)
- Learning Disabilities Association of America  
[www.ldaamerica.org](http://www.ldaamerica.org)
- Learning Disabilities Online  
[www.ldonline.org](http://www.ldonline.org)
- Learning Disabilities Pride  
[www.ldpride.net](http://www.ldpride.net)
- Life and Health Insurance Foundation for Education (non-profit organization that provides information on life, health, disability and long-term care insurance)  
[www.life-line.org](http://www.life-line.org)
- Life Success for Children with Learning Disabilities (Frostig)  
[www.lidsuccess.org](http://www.lidsuccess.org)
- Metlife (Division of Estate Planning for Special Kids)  
[www.metlife.com/desk](http://www.metlife.com/desk)
- National Center for Learning Disabilities  
[www.nclld.org](http://www.nclld.org)
- National Arts and Disability Center (promotes full inclusion for disabled artists)  
[www.nadc.ucla.edu](http://www.nadc.ucla.edu)
- National Center on Secondary Education and Transition  
[www.ncset.org](http://www.ncset.org)
- National Information Center for Children and Youth with Disabilities  
[www.nichcy.org](http://www.nichcy.org)
- National Institute of Neurological Disorders and Stroke (for traumatic brain injury)  
[www.ninds.nih.gov/disorders/tbi/tbi.htm](http://www.ninds.nih.gov/disorders/tbi/tbi.htm)

- National Stuttering Foundation  
[www.westutter.org](http://www.westutter.org)
- Obsessive Compulsive Foundation, International  
[www.ocfoundation.org](http://www.ocfoundation.org)
- Pacer Center (enhance quality of life based on parents-helping-parents premise)  
[www.pacer.org](http://www.pacer.org)
- Parents Helping Parents  
[www.php.com](http://www.php.com)
- Parents Place Family Resource Center (West Covina and adjacent areas)  
[www.parentsplacefrc.com](http://www.parentsplacefrc.com)
- Portals House (provides services for those with mental illness)  
[www.portalshouse.org](http://www.portalshouse.org)
- Professional Tutors of America, Inc.  
[www.professionaltutors.com](http://www.professionaltutors.com)
- Prosperity Life Planning (helps parents plan financial future for disabled children)  
[www.prosperitylifeplanning.org](http://www.prosperitylifeplanning.org)
- Protection and Advocacy, Inc. (human, legal and service rights)  
[www.pai-ca.org](http://www.pai-ca.org)
- Recording for the Blind and Dyslexic  
[www.rfbd.org](http://www.rfbd.org)
- Schwab MoneyWise (financial basics for students and their parents)  
[www.schwabmoneywise.com](http://www.schwabmoneywise.com)
- Smart Kids with Learning Disabilities  
[www.smartkidswithld.org](http://www.smartkidswithld.org)
- Stuttering Foundation  
[www.stutteringhelp.org](http://www.stutteringhelp.org)

- Team of Advocates for Special Kids (Anaheim, Los Angeles, San Bernadino)  
www.taskca.org
- Technical Assistance Alliance for Parent Centers  
www.taalliance.org
- The Mint (financial literacy for children and parents)  
www.themint.org
- Tourette Syndrome Association, Inc.  
www.tsa-usa.org
- United Cerebral Palsy  
www.ucp.org
- YO! Youth Organizing: Disabled and Proud!  
www.yodisabledproud.org

### Selected Publications

- *ADD-friendly Ways to Organize Your Life* by Judith Kolberg and Kathleen Nadeau
- *America's Top 101 Jobs for People without a Four-Year Degree* by Michael Farr
- *Being the Other One: Growing Up with a Brother or Sister Who Has Special Needs* by Kate Strohm
- *But What if I Don't Want to Go to College? A Guide to Success Through Alternative Education* by Harlow Unger
- *Career Resource Guide to Apprenticeship Programs* by Elizabeth H. Oakes
- *College Confidence with ADD* by Michael Sandler
- *Colleges for Students with Learning Disabilities or ADD* by Peterson's
- *Community College: Is It Right for You?* by Susan H. Stafford

- *Coping Series* of books includes *The Don't-give-up Kid and Learning Disabilities*, *Eagle Eyes: A Child's Guide to Paying Attention*, and *Houdini's Gift*  
by Jeanne Gehret
- *Cyber-Safe Kids, Cyber-Savvy Teens: Helping Young People Learn to Use the Internet Safely and Responsibly* by Nancy Willard
- *Developing College Skills in Students with Autism and Asperger's Syndrome* by Sarita Freedman
- *Dollars for College: The Quick Guide to Financial Aid for Students with Disabilities* edited by Elizabeth A. Olson
- *Exceeding Expectations: Successful Adults with Learning Disabilities* by Henry B. Reiff, Rick Ginsberg, and Paul Jay Gerber
- *Financial Aid for the Disabled and Their Families* by Gail Ann Schlachter and R. David Weber
- *Getting Organized without Losing It* by Janet Fox and Pamela Espeland
- *Great Careers in Two Years: The Associate Degree Option* by Paul Phifer
- *Guiding Teens with Learning Disabilities: Navigating the Transition from High School to Adulthood* by Arlyn Roffman
- *How to Find Work That Works for People with Asperger Syndrome* by Gail Hawkins
- *How to Get a Job and Keep It* by Susan Morem
- *How to Prepare for the ASVAB (Armed Services Vocational Aptitude Battery)* by Barron's
- *Job Hunting for the So-Called Handicapped* by Bolles and Brown

- *Job Search Handbook for People with Disabilities* by Dr. Daniel J. Ryan
- *K&W Guide to Colleges for Students with Learning Disabilities or ADD* by Marybeth Kravets and Imy Wax
- *Learning Disabilities/ADHD and the Law in Higher Education and Employment* by Peter S. Latham and Patricia H. Latham
- *Learning Disabilities and Employment* by Paul Gerber and Dale Brown
- *Learning How to Learn: Getting Into and Surviving College When You Have a Learning Disability* by Joyanne Cobb
- *Learning Outside the Lines* by Jonathan Mooney
- *Life After High School: A Guide for Students with Disabilities and Their Families* by Susan Yellin and Christina Cacioppo Bertsch
- *Life Strategies for Teens* by Jay McGraw
- *Mind Race: A Firsthand Account of One Teenager's Experience with Bipolar Disorder* by Patrick E. Jamieson and Moira A. Rynn
- *Paying for College without Going Broke* by Kalman A. Chany
- *Quick Guide to Career Training in Two Years or Less* by Laurence Shatkin
- *Quick Prep Careers: Good Jobs in One Year or Less* by Paul Phifer
- *Raising Special Kids (Parent Guidebook)* by Jared and Alice Massanari
- *Recovering from Depression: A Workbook for Teens* by Mary Ellen Copeland and Stuart Copans
- *SAT Strategies for Students with Learning Disabilities* by Barron's
- *School Search Guide to Colleges with Programs or Services for Students with Learning Disabilities* by Midge Lipkin

- *School Survival Guide for Kids with LD* by Rhoda Cummings and Gary Fisher
- *Smart but Scattered: The Revolutionary “Executive Skills” Approach to Helping Kids Reach Their Potential* by Peg Dawson and Richard Guare
- *Special Needs Trusts: Protect Your Child’s Financial Future* (3<sup>rd</sup> edition) by Stephen Elias
- *Strengths Finder 2.0* by Tom Rath
- *Succeeding With LD: 20 True Stories About Real People With LD* by Jill Lauren and Elizabeth Verdick
- *Success without College* by Linda Lee
- *Survival Guide for College Students with ADHD or LD* by Kathleen G. Nadeau
- *Survival Guide for Kids with ADD or ADHD* by John Taylor
- *Survival Guide for Teenagers with LD* by Rhoda Cummings and Gary Fisher
- *Teen Manners: From Malls to Meals to Messaging and Beyond* by Cindy Post Senning and Peggy Post
- *Test Anxiety and What You Can Do About It: A Practical Guide for Teachers, Parents and Kids* by Joseph Casbarro
- *Test Taking Strategies and Study Skills for the Utterly Confused* by Laurie Rozakis
- *The Internship Bible* by Mark Oldham and Samer Hamadeh
- *The Launching Years: Strategies for Parenting from Senior Year to College Life* by Laura Kastner and Jennifer Wyatt

- *The Short Bus* by Jonathan Mooney
- *The Thought That Counts: A Firsthand Account of One Teenager's Experience with Obsessive-Compulsive Disorder* by Jared Douglas Kant
- *The Organized Student: Teaching Children the Skills for Success in School and Beyond* by Donna Goldberg
- *Transition to Adult Living: An Information and Resource Guide* by California Services for Technical Assistance and Training. Available at [www.calstat.org/publications/pdfs/Transition\\_final\\_08.pdf](http://www.calstat.org/publications/pdfs/Transition_final_08.pdf)
- *Unlocking Potential: College and Other Choices for People with LD and AD/HD* by Juliana Taymans, Lynda West and Madeline Sullivan
- *Vault Guide to Top Internships* by Samer Hamadeh and Mark Oldman
- *Vocational and Technical Schools (West)* by Peterson's
- *What Are My Rights? 95 Questions and Answers about Teens and the Law* by Thomas A. Jacobs
- *What Color is Your Parachute? for Teens* by Richard Nelson Bolles and Carole Christen
- *What Do You Really Want? How to Set a Goal and Go for It! A Guide for Teens* by Beverly K. Bachel
- *When Your Child Has LD* by Gary Fisher and Rhoda Cummings
- *Your First Interview: For Students and Anyone Preparing to Enter Today's Tough Job Market* by Ron Fry
- *You're Smarter Than You Think: A Kid's Guide to Multiple Intelligences* by Thomas Armstrong
- *7 Habits of Highly Effective Teens* by Sean Covey

- *175 Best Jobs not Behind a Desk* by Michael Farr and Laurence Shatkin
- *202 High-paying Jobs You Can Land without a College Degree* by Jason Rich
- *250 Best Jobs Through Apprenticeships* by Michael Farr and Laurence Shatkin
- *1001 Great Ideas for Teaching and Raising Children with Autism Spectrum Disorders* by Ellen Notbohm and Veronica Zysk