

Frostig School Post-Secondary Resource List 2008-2009

Government Agencies

- California Conservation Corps (jobs for those ages 18-25)
<http://www.ccc.ca.gov>
- California Department of Education
 - Family Involvement and Partnerships <http://www.cde.ca.gov/sp/se/fp>
 - Regional Occupational Centers <http://www.cde.ca.gov/ds/si/rp>
- Career Voyages (collaboration between Dept. of Education and Dept. of Labor)
<http://careervoyages.gov>
- College Navigator (Dept. of Education)
<http://collegenavigator.ed.gov>
- Department of Developmental Services/Regional Center
<http://www.dds.ca.gov>
- Department of Industrial Relations (DIR) Young Workers Website
<http://www.dir.ca.gov/YoungWorker/YoungWorkersMain.html>
- Department of Labor
 - Job Corps (ages 16-24) <http://jobcorps.dol.gov>
 - Occupational Outlook Handbook <http://stats.bls.gov/oco>
- Department of Mental Health (L.A. County office)
<http://dmh.lacounty.gov>
- Department of Rehabilitation
(assistance with career training and post-secondary education)
<http://www.dor.ca.gov> and <http://www.rehab.cahwnet.gov>
- Disability Information (information from federal government)
<http://www.disabilityinfo.gov>
- Employment Development Department
<http://www.edd.cahwnet.gov>
- Government Benefits (information on over 1,000 assistance and benefit programs)
<http://www.benefits.gov>

- Governor's Committee on Employment of Disabled Persons
<http://www.edd.ca.gov/gcepdind.asp>
- Labor Market Information
<http://www.labormarketinfo.edd.ca.gov>
- One Stop Career Center (part of Employment Development Department)
<http://www.servicelocator.org>
- Selective Service Registration (for males 18 and older)
<http://www.sss.gov>
- Social Security Administration
Ticket to Work Program
<http://ssa.gov>
<http://ssa.gov/work>
- State Independent Living Council
<http://www.calsilc.org>
- Student Gateway to the US Government
(info on government, career planning, education, military service)
<http://www.students.gov>
- Young Worker's Health and Safety Website (this is through UC Berkeley, but it is sponsored by the California Department of Industrial Relations)
www.youngworkers.org

Selected Local Community Colleges

- Community College Chancellor's Office (links to all 110 community colleges)
www.cccco.edu

Note: Each community college has its own Disabled Students Programs and Services office. See individual college website for information on DSPP offices.

- Antelope Valley College (Lancaster)
www.avc.edu
- Cerritos College (Norwalk)
www.cerritos.edu
- Citrus College (Glendora)
www.citruscollege.edu

- East Los Angeles College (Monterey Park)
www.elac.edu
- El Camino College (Torrance)
www.elcamino.edu
- Glendale Community College
www.glendale.edu
- Long Beach City College
www.lbcc.edu
- Los Angeles Pierce Community College (Woodland Hills)
<http://www.piercecollege.edu>
- Los Angeles Trade-Technical College
www.lattc.edu
- Los Angeles Valley College (Van Nuys)
www.lavc.cc.ca.us
- Moorpark College
www.moorparkcollege.edu
- Mount San Antonio College (Walnut)
www.mtsac.edu
- Pasadena City College
www.pasadena.edu
- Rio Hondo College (Whittier)
www.riohonodo.edu
- Riverside Community College
www.rcc.edu
- Santa Monica College
www.smc.edu
- Ventura College
www.venturacollege.edu
- West Los Angeles College (Culver City)
www.wlac.edu

Selected Specialty/Trade/Technical/ Vocational Schools

Note: Many community colleges also have extensive vocational/trade programs. The programs listed below are private institutions.

Second Note: The US Department of Education has a webpage dedicated to students looking to attend career colleges/technical schools. It includes information on how to choose a school, questions to ask, and paying for your education, etc. The website is <http://www.ed.gov/students/prep/college/consumerinfo/index.html>. California also has a site dedicated to regulating private and vocational post-secondary education. It is www.bppve.ca.gov.

Third Note: California has a directory of vocational schools. The website is <http://www.california-vocational-schools.com>.

- American Career College
<http://www.americancareer.com>
- Art Institute of California, Hollywood (formerly California Design College)
<http://www.artinstitutes.edu/hollywood>
- Cal Arts (Valencia)
<http://www.calarts.edu>
- California School of Culinary Arts (Pasadena)
<http://www.casca.edu>
- Career Colleges of America (South Gate, San Bernadino, Los Angeles)
<http://www.careercolleges.edu>
- Chapman College of Performing Arts (Orange)
www.chapman.edu
- Clarita Career College
<http://www.claritacareercollege.com>
- Columbia College of Film, Television and Media Arts (Tarzana)
<http://www.columbiacollege.edu>
- Concorde Career Colleges
<http://www.concorde.edu>
- Dental Technology Institute of Southern California (North Hollywood)
<http://www.dtisc.com>

- DeVry University
<http://www.devry.edu>
- Entertainment Careers (not a school, but it does provide jobs and internships)
<http://entertainmentcareers.cc>
- Everest College (formerly Bryman College)
<http://www.everest.edu>
- Fashion Institute of Design and Merchandise (Los Angeles)
<http://www.fidm.com>
- Gemological Institute of America
<http://www.gia.edu>
- Glendale Career College
<http://www.success.edu>
- ITT Technical Institute
<http://www.itt-tech.edu>
- Los Angeles Film School (Hollywood)
<http://www.lafilm.com>
- Los Angeles Recording School (Hollywood)
<http://www.recordingcareer.com>
- Maric College
<http://www.mariccollege.edu/mariccollegePortal>
- Marinello Schools of Beauty
<http://marinello.com/def/main.aspx>
- Mt. Sierra College (Monrovia)
<http://www.mtsierra.edu>
- Musician's Institute (Hollywood)
<http://mi.edu>
- New York Film Institute (Universal City)
<http://www.nyfa.com>
- North West College

<http://northwestcollege.com>

- Paul Mitchell School
<http://www.paulmitchelltheschool.com/pmsp>

- Western Career College
<http://www.westerncollege.edu>

- Westmore Academy of Cosmetic Arts (Burbank)
<http://www.westmoreacademy.com>

- Westwood College
<http://www.westwood.edu>

Job Training and/or Supported Living Programs

- Ability First (multiple locations; employment, recreational and housing programs)
www.abilityfirst.org

- Almansor Center (South Pasadena)
www.redesignlearning.org

- AmeriCorps (must be 18 years old to participate)
www.americorps.org

- Best Buddies (social opportunities and integrated employment)
www.bestbuddiescalifornia.org

- California Apprenticeship Coordinators Association
www.calapprenticeship.org

- California Careers (information, resources, self-assessments)
www.californiacareers.info

- California Foundation for Independent Living Centers (25 locations in CA)
www.cfilc.org

- Communities Actively Living Independent and Free (Los Angeles)
www.calif-ilc.org/index.htm

- Community Advocates for People's Choice (Whittier)
www.capcinc.org

- Foothill Vocational Opportunities (Pasadena)
www.foothillvoc.org/index.htm
- Goodwill Industries (training and career services for people with disabilities)
www.goodwillsocal.org
- Independent Living Center of East San Gabriel Valley
www.ilc-clar.org
- Independent Living Center of Southern California (Van Nuys, Santa Clarita, and Lancaster offices serving Glendale, Burbank, San Fernando Valley and Antelope Valley)
www.ilcsc.org
- Lincoln Training Center (South El Monte)
www.lincolntc.org
- Marriott Foundation for People with Disabilities (job training and placement)
marriott.com/foundation/facts.mi
- Pomona Valley Workshop
www.pvwonline.org
- Portals House (provides services for those with mental illness)
www.portalshouse.org
- Regional Occupation Program (R.O.P.; apprenticeships in Los Angeles county)
www.lacorop.org
- San Gabriel Valley Training Center
www.sgvtc.com
- Southeast Center for Independent Living (southeast Los Angeles county)
www.scrs-ilc.org
- Southern California Rehabilitation Services (Downey)
www.scrs-ilc.org
- Tierra del Sol (Sunland/Shadow Hills)
www.tierradelsol.org
- Valley Light Industries (Irwindale and surrounding areas)
www.valleylightind.org

- Verdugo Jobs Center (Glendale)
www.verdugojobscenter.org
- Villa Esperanza Services (Pasadena)
www.villaesperanzaservices.org
- Westview Services, Inc. (southern California)
www.westviewservices.org
- Work Training Programs, Inc. (Los Angeles, San Luis Obispo, Santa Barbara and Ventura counties; employment, day services and assisted living programs)
www.wtpinc.org
- Women at Work (Pasadena)
womenatwork1.org

Independent Living Residence Programs

- Anchor to Windward (Salem, MA)
<http://www.atw813.org>
Providing independent living and social networking services to adolescents and adults with developmental disabilities including Down Syndrome, Asperger's Syndrome, and other disabilities that stem from early childhood.
- Bancroft Neurohealth (Haddonfield, NJ)
<http://www.bancroftneurohealth.org>
Bancroft offers a wide range of state-of-the-art services to children and adults with autism, developmental disabilities, brain injuries and other neurological impairments. Services include educational, vocational, residential, rehabilitation and therapeutic interventions based on the individual needs of each person the organization serves.
- Casa de Amma (San Juan Capistrano, CA)
<http://casadeamma.org>
We nurture the abilities and independence of people with learning challenges by providing a broad spectrum of residential, vocational and educational opportunities in a responsive and caring environment. Casa de Amma is a planned, supported living community that provides services to enhance the overall independence of residents while providing the structure necessary to promote safety, health and well-being.

- Center for Adaptive Learning (Concord, CA)
<http://www.centerforadaptivelearning.org/facilities.htm>
 The mission of the Center for Adaptive Learning is to empower adults with a developmental neurological disability to realize their individual potential for self-reliant living as defined by the ability to engage in meaningful productive work, to socialize successfully, to attend to their own physical and emotional health and to experience on-going personal growth.
- Center for the Advancement of Postsecondary Studies at the Maplebrook School (Amenia, NY)
<http://www.maplebrookschool.org>
 The C.A.P.S. student body consists of a balance between young men and women and is reflective of society as a whole. Through small group and individualized instruction, the student will be assisted in reaching his/her academic, social, vocational, and physical potential.
- Chapel Haven (New Haven, CT)
<http://www.chapelhaven.org>
 Chapel Haven is a unique place. We are the country's only combined state-accredited special education facility and independent living facility for adults with cognitive disabilities.
- Foundation for Independent Living (Coconut Creek, FL)
www.filinc.org
 The Foundation is a private, not-for-profit, community-based independent residential living program for adults with learning disabilities.
- Getting Ready for the Outside World at Riverview School (Cape Cod, MA)
www.riverviewschool.org
 In the structured, supportive residential setting a competent, caring staff fosters independence and self-determination through the development of independent living skills, social skills and self esteem in the GROW program.
- Horizons School (Birmingham, AL)
<http://www.horizonsschool.org>
 The Horizons School offers a non-degree transition program specifically designed to facilitate personal, social and career independence for students with specific learning disabilities and other handicapping conditions.
- Independence Center (Los Angeles, CA)
<http://www.independencecenter.com>
 Independence Center is a mainstreamed transitional residential program for young adults (18-30) with learning disabilities. The Independence Center Residential Program provides the structure needed for those young adults making their initial

transition to independent living or for those who have been in other programs but still need full support services. Daily living skills instruction is provided in individual and group settings. Participants live with roommates and learn to plan menus, shop and cook, do laundry, budget, and manage money. All aspects of our program are individualized to incorporate the person's strengths and needs. The young adults, who learn best by doing, are taught independent living skills in a "hands-on" setting, in their own apartments, shared with a roommate.

Transition phase of the Independence Center program is the next step for the young adult who needs less supervision and is employed. Here the young adult will live in his or her own apartment and has the opportunity, after discussion with staff, of deciding which parts of the program should remain mandatory and which can become optional.

- Jespy House (South Orange, NJ)

www.jespy.org

JESPY House is an extraordinary program for adults with learning and developmental disabilities who demonstrate the ability to live independently and gain competitive employment. JESPY House welcomes men and women, ages 18 and older, who have been diagnosed with learning disabilities, neurological impairments and/or perceptual impairments. Depending on the level of their ability, JESPY clients may immediately begin to live independently in the JESPY community, or they may first become part of the Residential Living Program where they will learn the skills to achieve independence. Although individuals of all faiths are accepted, Judaic principles are maintained throughout the program.

- Life College (Richfield, MN)

<http://mnlifecollege.org>

Minnesota Life College is a three year postsecondary, life-skills training program for young adults with learning disabilities. Independent Living and Employment Readiness are at the heart of MLC's unique program; other key curriculum areas include Decision-Making for Success, Social Skills Development, and Fitness and Wellness.

- Life Development Institute (Glendale, AZ)

<http://www.life-development-inst.org>

The Life Development Institute has been a beacon of hope for young adults who struggle with learning disabilities, attention deficit disorders and other related conditions. The post-secondary curriculum is designed to increase the intellectual, personal, physical, social, and career development of its student population. Further, it is aimed at engaging young adults in rigorous and challenging experiential learning and educational pursuits commensurate with their level of development. The curriculum provides a balanced program for all students and is flexible enough to permit wide variation in student development or aspirations.

- Living Independently Forever, Inc. (Hyannis, MA)

<http://www.lifecapecod.org>

The mission of LIFE, working in collaboration with families is to assist residents develop the skills they need to function as independently as possible, and to provide supports to assist them in attaining their maximum level of independence, self fulfillment and happiness.

- Moving Forward (Napa, CA)

<http://www.moving-forward.org>

Moving Forward Toward Independence is a nonprofit, residential program committed to guiding our residents to achieve their highest potential. By providing an environment that maintains a balance of challenges and support, Moving Forward fosters growth in social, vocational and interpersonal skills. Working in partnership with residents and their families, we offer a caring and responsive community where young adults with complex learning or mild developmental disabilities can enjoy productive, fulfilling and healthy lives.

- New York Institute of Technology Vocational Independence Program

<http://www.nyit.edu/vip>

Our mission is to maximize the potential of individuals with learning differences by teaching skills and strategies and providing support necessary for successful and independent lives. VIP is a three-year post-secondary program that focuses on academics, independent living, social skills development, and vocational exploration and training. Its highly individualized structure produces a positive atmosphere that is conducive to growth and the development of skills and self-esteem. Each student is assigned four counselors and a resident advisor, and attends small classes to ensure that he or she receives the appropriate amount of attention to enhance their chances of successfully transitioning to adulthood.

- OPTIONS Program at Brehm (Carbondale, IL)

www.brehm.org

OPTIONS is a program that services the needs of young adults with complex learning disabilities. Our young adults have potential to be successful in the college or employment environment but cannot demonstrate it, as they have not mastered the skill sets necessary to negotiate college or successful employment. They have not yet learned the social, emotional, academic, or employment skills required by the demands of our society. OPTIONS now offers a three-phase program leading to independence as students achieve specific skills. It focuses on apartment living, money management, life skills, employability skills, academic skills, community living, etc.

- Pathway at UCLA Extension (Westwood, CA)

www.uclaextension.edu/pathway

A two-year certificate program for students with developmental disabilities, providing a blend of educational, social, and vocational experiences. Pathway's courses provide a solid foundation in computer literacy, practical math, applied science, current events, the arts, and reading for work and pleasure. Pathway's courses are designed to develop career interests, workplace etiquette, and job application and interview skills. Practical experience is provided by on- and off-campus jobsite visits and internships. Courses cover health and hygiene, fitness, community orientation, personal finance, safe apartment living, nutrition and meal preparation, and social relationships, including building friendships, living and working with others, romantic relationships, and adult sexuality. Training guides students in making safe, healthy decisions in a living and learning environment that, over the two-year program, will become progressively less structured and more independent. Specific attention is given to assisting students to identify and tap into supportive community. Seminars are available to students' families, advising them on how best to support their children in achieving their goals.

- Professional Assistant Center for Education at National-Louis University (Evanston, Illinois)

www3.nl.edu/academics/PACE

Founded in 1986, PACE is a two-year, noncredit postsecondary certificate program located on the campus of National-Louis University in Evanston, Illinois. The PACE program is designed especially to meet the transitional needs of students with multiple learning disabilities in a university setting. The Program commits to educating the whole person, preparing young adults for independent living by integrating instruction in academics, career preparation, life skills and socialization. An apartment living program is available to qualified graduates of the Program, allowing students to remain in a familiar environment among friends while transitioning to the next step of independent living.

- Project Forward (Cape Cod Community Center, West Barnstable, MA)

www.projectforward.net

Project Forward is a vocational training skills program for students with significant learning difficulties. Project Forward's mission is to encourage students with disabilities to develop employment skills and become responsible learners and workers.

- Scenicview Center (Provo, UT)

<http://scenicviewcenter.org>

ScenicView is a not-for-profit educational facility for adults with learning disabilities. The facility and programs are state-of-the-art, designed to provide adults with learning disabilities the opportunity to work toward their individual lifetime goals. ScenicView offers 24-hour structure built around a "Balance of Life" program. This enables residents to plan goals in eight areas of life: Creative, Educational, Emotional, Employment, Independent Living, Physical, Social, and Spiritual.

- Specialized Housing, Inc. (Brookline, MA)

<http://specializedhousing.org>

We work with families seeking supportive independent living situations for adults with developmental disabilities, learning disabilities, traumatic brain injuries, physical disabilities, or psychiatric illness. We are a development team of clinicians, lawyer, architect, and builders committed to creating housing for people with additional needs.

- St. Louis Life (O'Fallon, MO)

www.stlouislife.org

St. Louis Life is a community-based, structured program with on-site staff support for young adults with developmental disabilities. Residents will be working and living in the community and allowed to make decisions that affect all aspects of their lives. This independent living program will offer apartment residential opportunities in addition to job placement/coaching, social, educational and recreational activities, and many other support services.

- Taft College Transition to Independent Living Program (Taft, CA)

www.taft.cc.ca.us/til/index.html

The Transition to Independent Living Program (TIL) is a post-secondary experience for developmentally disabled adults emphasizing learning independent living skills. The program stresses the importance of teaching people to accept responsibility for decisions and choices they make.

- The Threshold Program at Lesley University (Cambridge, MA)

http://www.lesley.edu/threshold/threshold_home.htm

The Threshold Program is a comprehensive, non-degree campus-based program at Lesley University for highly motivated young adults with diverse learning disabilities and other special needs. All are clearly interested in careers in one of our vocational fields of study, Business and Support Services and Early Childhood Studies, and all have a strong desire to become independent adults.

- The Transitional Living Center at the Maplebrook School (Amenia, NY)

<http://www.maplebrookschool.org/page.cfm?p=31>

The mission of T.L.C. is to provide an independent living environment for young adults who learn differently. The program allows them to experience "real life" in a safe, supportive atmosphere, including life-skills support, group social skills counseling, recreational opportunities, as well as vocational guidance.

- Vista Vocational and Life Skills Center, Inc. (Westbrook, CT)

<http://www.vistavocational.org>

Vista is a unique, community-based educational program for young adults with neurological disabilities (learning disability, epilepsy, autism, or traumatic brain

injury). We offer vocational training, life skills instruction, counseling and support services designed to enable our students to succeed in work and to live independently.

College-Based Residence Programs

- Academic Bridges for Learning Effectiveness at Metropolitan Community College, (Kansas City, MO)

www.mcckc.edu

ABLE helps students with learning disabilities or brain injuries. ABLE's goal is to empower students to become independent learners and effective self-advocates. It has been designed to support you as you progress into a regular college program. You will work directly with a learning specialist to create a plan that fits your interests and needs. We will help to identify the accommodations you need for success in college, both in the classroom and outside of it. You'll take a specific series of classes to learn success skills. You'll also receive special tutoring support and counseling.

- Academic Success, Inc. at Santa Fe Community College (Gainesville, FL)

www.academic-success.net

The mission is to provide quality, individualized academic, life-skill, social, emotional and career support to post-secondary students with learning disabilities.

- Beacon College (Leesburg, FL)

www.beaconcollege.edu

As a student at Beacon College, you will come to understand your learning disability in ways you never have before. From there, you'll discover the way that you learn best and use suggested strategies to optimize your strengths in the classroom. All of this will be done alongside other high-achieving students from across the country whose learning experiences, to this point, have been very similar to yours. At the same time, Beacon College will offer you a fun, supportive, collegiate atmosphere that recognizes accomplishment, fosters lifelong friendships, and prepares you for personal and professional success!

- Berkshire Center (Lee, MA)

<http://berkshirecenter.org>

The College Internship Program at the Berkshire Center provides individualized, post-secondary academic, internship and independent living experiences for college-aged students with learning differences and Asperger's Syndrome.

- Brigham Young University-Idaho (Rexburg, ID)

<http://www.byui.edu>

From its earliest years as a pioneer academy to the modern university we know today, BYU-Idaho has enjoyed a rich heritage of sacrifice, service, improvement, and innovation. This historic institution is embarked on a journey of growth and progress that began with the divinely inspired decision to transform Ricks College into a four-year university. Since then, BYU-Idaho has broken new ground in higher education with unique academic offerings, creative calendaring, and programs focused on the development of students. BYU-Idaho is truly rethinking education and our young people are always at the center of those efforts.

- College Living Experience

(Austin, Chicago, Denver, Fort Lauderdale, Monterey, Washington D.C.)

<http://www.cleinc.net>

College Living Experience is a program designed to help students with learning disabilities transition into a life full of opportunity, independence and success.

- Higher Education for Learning Problems at Marshall University (Huntington, WV)

www.marshall.edu/help

The H.E.L.P. Program is committed to providing assistance through individual tutoring, mentoring and support, as well as fair and legal access to educational opportunities for students diagnosed with Learning Disabilities (LD) and related disorders such as ADD/ADHD.

- Johnson & Wales University

(Providence, North Miami, Denver, Charlotte)

www.jwu.edu

Johnson & Wales University is a world-class university, where students have an opportunity to pursue a career education in business, hospitality, culinary arts, or technology. Scores of majors and degree programs are offered at the undergraduate, graduate and doctoral level.

- Landmark College (Putney, VT)

www.landmark.edu

Landmark College is fully accredited by the New England Association of Schools and Colleges. While many colleges offer special programs for students with learning difficulties, Landmark College is one of the only accredited colleges in the United States designed exclusively for students with dyslexia, attention deficit hyperactivity disorder (AD/HD), or other specific learning disabilities. We teach the skills and strategies necessary for success in college and the workforce. Here at Landmark, you learn how to learn, and this knowledge helps you become more confident and independent.

- Marymount College (Palos Verdes, CA)

<http://www.marymountpv.edu>

We provide a caring, person-centered educational experience rooted in a Catholic heritage. We promote student appreciation for a rigorous search for wisdom through a values-based education in the liberal arts and sciences, culminating in the development of a meaningful philosophy of life, prudent selection of a major, acquisition of an Associate degree and successful transfer to a four-year college or university. Our academic and co-curricular programs aspire to prepare students to be thoughtful, caring and effective members within family, community, society and the world. We seek to develop a sense of universal meaning, a global and historical perspective, and a shared understanding of the common humanity that is the basis for community among diverse national, cultural and social backgrounds. We enable students to develop the foundation for competencies necessary for entry, growth and success in chosen careers as well as the enthusiasm to be a lifelong learner. Our overarching vision is to develop men and women with maturity, intellectual curiosity and the skills to succeed. A Marymount College education provides for this learning experience to persons of diverse backgrounds, ages and levels of academic preparedness.

- Optimum Performance Institute (Woodland Hills, CA)

<http://www.optimumperformanceinstitute.com>

We help young men and women ages 17 to 25 years old find the internal balance and external support they need to make a seamless transition into adulthood. As our participants enroll in a nearby junior college or university—or complete high school, get their GED or enter the workforce—they are offered services ranging from individualized/group counseling, substance abuse counseling when indicated, career counseling and psychotherapy to educational tutoring and organizational support to help them set goals and decide what they want to do with their lives. With help from our dedicated staff, participants establish a bridge of communication with their families as they move toward being able to function more independently with our incremental decreases in supervision and structure. They move from our luxury apartments into their own apartments, maintaining a continuum of care with our supportive network of peers and dedicated professionals, a network that continues even after they leave.

- Philler Curtis Program at Menlo College (Atherton, CA)

www.menlo.edu

The Philler Curtis Program is a comprehensive approach to help students who wish to improve academic performance and transition more smoothly to the rigors of college academics. All Philler Curtis Program participants are fully matriculated Menlo College students. As such, there is no identification of participants on class rosters, transcripts or diplomas. All students take the same rigorous Menlo College courses and must meet the same degree requirements.

- Program for Advancement of Learning at Curry College (Milton, MA)

www.curry.edu

PAL recognizes and respects each individual as a unique learner with potential for continued growth and the ability to achieve and succeed. PAL encourages students to become self-directed, independent, successful learners, achieving competence and effectiveness.

- Program for Alternative Learning Styles at Limestone College (Gaffney, South Carolina)
www.limestone.edu
PALS was developed to serve college-age students with specific learning disabilities. The purpose is to provide students with opportunities to be successful and independent learners in an academic environment within three years after beginning PALS.
- Strategic Alternative Learning Techniques Center at University of Arizona (Tucson)
www.salt.arizona.edu
SALT Center serves the needs of many students diagnosed with LD or ADHD. SALT students receive individualized educational planning and monitoring, assistance from trained tutors with course work, and an array of workshops geared toward the individual academic needs of these students. Each student is assigned to a Learning Specialist. These individuals assist students as they navigate through the University of Arizona.
- Thames Academy at Mitchell College (New London, CT)
www.mitchell.edu
Mitchell College is a coeducational, private residential institution offering associate and bachelor degree programs in the liberal arts and professional areas. The college is dedicated to providing a challenging education in a caring and cooperative environment for all students, including those with untapped potential and those with diagnosed learning disabilities. The Thames Academy is a pre-college transitional experience. It is a year of academic preparation that provides college courses for credit.

Financial Aid Resources

Important Web Sites for Federal Financial Aid

- FAFSA (**not** www.fafsa.com—this is a company that charges money!)
www.fafsa.ed.gov
- FAFSA 4Caster (online calculator to assist families with financial aid planning)
www.fafsa4caster.ed.gov
- FAFSA PIN (apply about two weeks **before** you file FAFSA)
www.pin.ed.gov
- Federal Student Aid
www.studentaid.ed.gov

- Loan information
www.edfund.org

Important Web Sites for California Financial Aid

- Association of Independent California Colleges and Universities
<http://www.aiccumentor.org>
- California Colleges
<http://www.californiacolleges.edu>
- Cal Grants
www.calgrants.org
- Cal Grant GPA Verification Form
http://www.csac.ca.gov/PUBS/FORMS/GRNT_FRM/gpawebformfillin.pdf
- California Student Aid Commission
www.csac.ca.gov
- Chafee Grant
www.chafee.csac.ca.gov
- Child Development Grant, Law Enforcement and APLE
www.csac.ca.gov

Selected Scholarship Web Sites

- Anne Ford Scholarship
www.nclد.org/content/view/871/456074
- Coca Cola Scholarship Program
www.coca-colascholars.org
- Fastweb Scholarships (clearinghouse)
www.fastweb.com
- Financial Aid for Students with Disabilities
www.parentsinc.org/finaid/finaid.html
- Horatio Alger Scholarship Program
www.horatioalger.com/scholarships/index.cfm
- LD Online scholarship information
www.ldonline.org/scholarship_ops
- McDonald's
www.mcdonaldssocal.com
- Recording for the Blind and Dyslexic National Achievement Awards
www.rfbd.org
- Scholarships.com (clearinghouse)
www.scholarships.com
- Toyota Community Scholars
www.toyota.com/communityscholars
- Yes I Can! Foundation Scholarship
<http://yesican.sped.org/scholarship/index/index.html>

Identity Theft

- For more information on identity theft
www.consumer.gov/idtheft or call 1-877-IDTHEFT.
- To report identity theft that affects your federal student aid
U.S. Department of Education's Office of Inspector General hotline
1-800-MISUSED or go to www.ed.gov/misused
- Federal Trade Commission (information on scholarship scams)
www.ftc.gov/scholarshipscams

Other Post-Secondary or College Related Web Sites

- Association of Independent California Colleges and Universities
www.aiccu.edu
- California Apprenticeship Coordinators Association
www.calapprenticeship.org
- California State University system (CSU)
www.csumentor.edu
- Campus tours and general college information
www.ecampustours.com
- Financial planning tools
www.edwise.org
- Planning for college
www.going2college.org
- Smart Guide to Student Financial Aid
www.finaid.org
- Transfer from community college to UC or CSU assistance
<http://www.assist.org>
- University of California system
www.universityofcalifornia.edu

Resources for Students with Disabilities and Their Families

- All Kinds of Minds
www.allkindsofminds.org
- Alliance for Technology Access
www.ataccess.org
- American Academy of Children and Adolescent Psychiatry
www.aacap.org
- American Speech-Language-Hearing Association
www.asha.org

- Association on Higher Education and Disability
www.ahead.org
- Attention Deficit Disorder Association
www.add.org
- Autism Society of America
www.autism-society.org
- California Association of Family Empowerment Centers
www.cafec.org
- California Association of Post-Secondary Education and Disabilities
www.caped.net
- Center for the Partially Sighted
www.low-vision.org
- Child and Adolescent Bipolar Foundation
www.bpkids.org
- Children and Adults with Attention Deficit/Hyperactivity Disorder
www.chadd.org
- Communities Organizing Resources to Advance Learning (parent resource)
www.coralpasadena.org
- Council for Learning Disabilities
www.cldinternational.org
- Disability Benefits 101 (helps workers, job seekers, and service providers understand the connections between work and benefits)
www.disabilitybenefits101.org
- Disability Resources on the Internet
www.disabilityresources.org
- Disability Rights Legal Center
www.disabilityrightslegalcenter.org
- Epilepsy Foundation of Greater Los Angeles
www.epilepsy-socalif.org
- Fiesta Educativa, Inc. (resource for Latino families)

www.fiestaeducativa.org

- Friends of Californians with Disabilities
www.disabilityemployment.org
- George Washington University HEATH Resource Center (has many topics and resources available)
www.heath.gwu.edu
- Gravett Group (Upland; SSI, SSDI and worker's compensation)
www.gravettgroup.com
- Housing Rights for People with Disabilities (LA, West LA, Pasadena, El Monte)
www.hrc-la.org
- International Dyslexic Association
www.interdys.org
- Jump Start (personal financial literacy)
www.jumpstart.org
- Learning Disabilities Association of California (multiple locations throughout state)
www.LDACA.org
- Learning Disabilities Association of America
www.ldaamerica.org
- Learning Disabilities Online
www.ldonline.org
- Life and Health Insurance Foundation for Education
(non-profit organization that provides information on life, health, disability and long-term care insurance)
www.life-line.org
- Life Success for Children with Learning Disabilities (Frostig)
www.ldsuccess.org
- Loving Your Disabled Child (resources for parents)
www.lydc.org
- National Center for Learning Disabilities
www.nclld.org

- National Arts and Disability Center (promotes full inclusion for disabled artists)
www.nadc.ucla.edu
- National Center on Secondary Education and Transition
www.ncset.org
- National Information Center for Children and Youth with Disabilities
www.nichcy.org
- National Institute of Neurological Disorders and Stroke (for traumatic brain injury)
www.ninds.nih.gov/disorders/tbi/tbi.htm
- National Stuttering Foundation
www.westutter.org
- Obsessive Compulsive Foundation
www.ocfoundation.org
- Pacer Center (enhance quality of life based on parents-helping-parents premise)
www.pacer.org
- Parents Helping Parents
www.php.com
- Parents Place Family Resource Center (West Covina and adjacent areas)
www.parentsplacefrc.com
- Prosperity Life Planning (helps parents plan financial future for disabled children)
www.prosperitylifeplanning.org
- Protection and Advocacy, Inc. (human, legal and service rights)
www.pai-ca.org
- Recording for the Blind and Dyslexic (Los Angeles office)
www.rfbd.org/LA
- Schwab Learning (parents guide to helping children with learning disabilities)
www.schwablearning.org
- Schwab MoneyWise (financial basics for students and their parents)
www.schwabmoneywise.com
- Stuttering Foundation
www.stutteringhelp.org

- Team of Advocates for Special Kids (Anaheim, Los Angeles, San Bernadino)
www.taskca.org
- Technical Assistance Alliance for Parent Centers
www.taalliance.org
- The Mint (financial literacy for children and parents)
www.themint.org
- Tourette Syndrome Association, Inc.
www.tsa-usa.org
- United Cerebral Palsy
www.ucp.org

Volunteer/Community Service Resources

Many opportunities for community service exist. Please check with your local libraries, homeless shelters, soup kitchens, houses of worship, museums, animal shelters, charitable organizations such as the Salvation Army, non-profit groups such as March of Dimes and American Red Cross, and local city government volunteer programs such as graffiti removal and beach cleanups.

The * indicates a website that matches volunteers with interests and locations.

- American Red Cross
<http://www.redcross.org>
- Big Sunday (Los Angeles; non-denominational and non-political)
<http://www.bigsunday.org>
- California Volunteers*
<http://californiavolunteers.org>
- Community without Walls (Pasadena)
<http://www.communitywithoutwalls.org>
- Habitat for Humanity
<http://www.habitat.org/cd/local>
- Los Angeles Works (provides a calendar of volunteer opportunities)
<http://www.laworks.com>

- March of Dimes
<http://www.marchofdimes.com/howtohelp/howtohelp.asp>
- Salvation Army
http://www.salvationarmyusa.org/usn/www_usn.nsf
- United States Freedom Corps*
<http://www.usafreedomcorps.gov>
- Volunteer Center Los Angeles (provides form to match skills/interests)
<http://www.vcla.net.cnchost.com>
- Volunteer Los Angeles (provides a list of volunteer opportunities)
<http://www.volunteerlosangeles.com>
- Volunteer Match*
<http://www.volunteermatch.org>

Selected Publications

- *America's Top 101 Jobs for People without a Four-Year Degree* by Michael Farr
- *Being the Other One: Growing Up with a Brother or Sister Who Has Special Needs* by Kate Strohm
- *But What if I Don't Want to Go to College? A Guide to Success Through Alternative Education* by Harlow Unger
- *Career Resource Guide to Apprenticeship Programs* by Elizabeth H. Oakes
- *Colleges for Students with Learning Disabilities or ADD* by Peterson's
- *Cyber-Safe Kids, Cyber-Savvy Teens: Helping Young People Learn to Use the Internet Safely and Responsibly* by Nancy Willard
- *Dollars for College: The Quick Guide to Financial Aid for Students with Disabilities* edited by Elizabeth A. Olson
- *Exceeding Expectations: Successful Adults with Learning Disabilities* by Henry B. Reiff, Rick Ginsberg, and Paul Jay Gerber

- *Financial Aid for the Disabled and Their Families* by Gail Ann Schlachter and R. David Weber
- *Getting Organized without Losing It* by Janet Fox and Pamela Espeland
- *Great Careers in Two Years: The Associate Degree Option* by Paul Phifer
- *Guiding Teens with Learning Disabilities: Navigating the Transition from High School to Adulthood* by Arlyn Roffman
- *How to Get a Job and Keep It* by Susan Morem
- *How to Prepare for the ASVAB (Armed Services Vocational Aptitude Battery)* by Barron's
- *Job Hunting for the So-Called Handicapped* by Bolles and Brown
- *Job Search Handbook for People with Disabilities* by Dr. Daniel J. Ryan
- *K&W Guide to Colleges for Students with Learning Disabilities or ADD* by Marybeth Kravets and Imy Wax
- *Learning Disabilities/ADHD and the Law in Higher Education and Employment* by Peter S. Latham and Patricia H. Latham
- *Learning Disabilities and Employment* by Paul Gerber and Dale Brown
- *Learning How to Learn: Getting Into and Surviving College When You Have a Learning Disability* by Joyanne Cobb
- *Life Strategies for Teens* by Jay McGraw
- *Mind Race: A Firsthand Account of One Teenager's Experience with Bipolar Disorder* by Patrick E. Jamieson and Moira A. Rynn
- *Paying for College without Going Broke* by Kalman A. Chany
- *Quick Guide to Career Training in Two Years or Less* by Laurence Shatkin
- *Quick Prep Careers: Good Jobs in One Year or Less* by Paul Phifer
- *Recovering from Depression: A Workbook for Teens* by Mary Ellen Copeland and Stuart Copans

- *School Search Guide to Colleges with Programs or Services for Students with Learning Disabilities* by Midge Lipkin
- *School Survival Guide for Kids with LD* by Rhoda Cummings and Gary Fisher
- *Succeeding With LD: 20 True Stories About Real People With LD* by Jill Lauren and Elizabeth Verdick
- *Success without College* by Linda Lee
- *Survival Guide for College Students with ADHD or LD* by Kathleen G. Nadeau
- *Survival Guide for Kids with ADD or ADHD* by John Taylor
- *Survival Guide for Teenagers with LD* by Rhoda Cummings and Gary Fisher
- *Teen Manners: From Malls to Meals to Messaging and Beyond* by Cindy Post Senning and Peggy Post
- *Test Anxiety and What You Can Do About It: A Practical Guide for Teachers, Parents and Kids* by Joseph Casbarro
- *Test Taking Strategies and Study Skills for the Utterly Confused* by Laurie Rozakis
- *The Thought That Counts: A Firsthand Account of One Teenager's Experience with Obsessive-Compulsive Disorder* by Jared Douglas Kant
- *The Organized Student: Teaching Children the Skills for Success in School and Beyond* by Donna Goldberg
- *Unlocking Potential: College and Other Choices for People with LD and AD/HD* by Juliana Taymans, Lynda West and Madeline Sullivan
- *Vault Guide to Top Internships* by Samer Hamadeh and Mark Oldman
- *Vocational and Technical Schools (West)* by Peterson's
- *What Are My Rights? 95 Questions and Answers about Teens and the Law* by Thomas A. Jacobs
- *What Color is Your Parachute? for Teens* by Richard Nelson Bolles and Carole Christen
- *What Do You Really Want? How to Set a Goal and Go for It! A Guide for Teens*

by Beverly K. Bachel

- *You're Smarter Than You Think: A Kid's Guide to Multiple Intelligences* by Thomas Armstrong
- *7 Habits of Highly Effective Teens* by Sean Covey
- *175 Best Jobs not Behind a Desk* by Michael Farr and Laurence Shatkin
- *202 High-paying Jobs You Can Land without a College Degree* by Jason Rich
- *250 Best Jobs Through Apprenticeships* by Michael Farr and Laurence Shatkin